

SENIOR FEATURE:

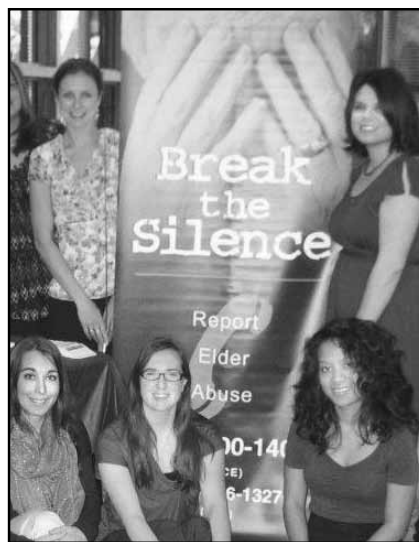
Advocating and Educating for the Prevention of Elder Abuse

By Jennifer Ackerman
INTERN

We often expect abuse or neglect to affect children, but vulnerable adults, especially seniors, are at risk. For example, a senior may come to a doctor's appointment looking disheveled and unkempt. Concerned, the nurse calls the senior's emergency contact, a family

With more than 41 million seniors in the United States, elder neglect and abuse is a serious issue.

member, who does not answer. The senior could be a victim of passive neglect, where the family member is not paying close enough attention to the senior's needs and abilities. The nurse could call the Adult Protective



Some of the Catholic Charities Adult Protective Services and Senior Services program staff.

Services hotline 1-866-800-1409 for guidance and to make a report if one is warranted.

With more than 41 million seniors in the United States, elder neglect and abuse is a serious issue. Along with physical abuse and neglect, elder abuse programs focus on financial exploitation, which

occurs when a senior's assets are being diverted for purposes benefitting family members or others who have gained control of the senior's finances.

A new law in Illinois recently expanded the services of the Illinois Department of Aging's Elder Abuse and Neglect Program, which has been renamed the Department of Adult Protective Services. The Department now serves all adults over age 18 who are at risk of abuse or neglect due to disability, as well as seniors.

In response to the new law, Catholic Charities has become an Adult Protective Services provider, adding five full-time positions to handle Adult Protective Services cases.

Catholic Charities employs an advocacy-based intervention model, meaning it is not our goal to punish people, but rather to intervene, educate and

Continued on PAGE 5

Reflections from the Editor

October brings Halloween, and our annual “Benefits” issue. This year we were assisted in compiling and reviewing the information on public benefit programs for seniors by two very hard working interns: Jennifer Ackerman and Megan Fry. I know you will appreciate their attention to detail.

We are also unveiling a new column on page 2 that will alternate with “Savvy Senior Shoppers.” “Senior Faith” will highlight ways seniors express their faith in everyday life. Our wonderful volunteer, Mary Ellen Kastenholz, will be the editor and at times, author, of this new feature.

The detailed Benefits section leaves less space for our regular features, they will return full-size next month.

Thank you again for your support of our little paper—it makes a big difference.

SBH

What's
Happening?

10/14 Columbus Day
10/16 National Boss' Day
10/24 United Nations Day
10/31 Halloween



October

BIRTHSTONE: Opal
FLOWER: Calendula



YOUR COMMENTS
ARE APPRECIATED
E-mail us@
keenager@catholiccharities.net

Keenager News

EDITOR:

Sheila Black Haennicke

ADMINISTRATIVE CLERK:

Rose M. Lagios

EDITORIAL BOARD:

Msgr. Michael M. Boland
Angela Taylor
Robert Boyd

CREATIVE SERVICES

BRAND MANAGEMENT:

Jennifer Sirota

ART DESIGN:

Kathleen Gabriel

Keenager News is a free monthly publication mailed to persons aged 60 and older by Catholic Charities of the Archdiocese of Chicago, a non-profit organization.

EDITORIAL OFFICE:

721 North LaSalle Street, 2nd Floor
Chicago, IL 60654-3503
Phone: (312) 655-7425

E-MAIL ADDRESS:

keenager@catholiccharities.net

For subscriptions, changes of address, deletions, contributions, questions or comments, please write or call our editorial office, or e-mail the changes to us. Contents may be printed in their entirety with proper credit given. Catholic Charities is an equal opportunity employer.

Copyright 2013 by Catholic Charities of the Archdiocese of Chicago.

ADVERTISING POLICY:

Advertisements appearing in the *Keenager News* cannot be construed as being an endorsement by Keenager News or its members. Advertisers and their agencies assume liability for all of the content of advertisements printed and are responsible for any claims that may arise from their advertising. Keenager News reserves the right to reject any advertisements it deems objectionable.

CATHOLIC CHARITIES MISSION:

Catholic Charities fulfills the Church's role in the mission of charity to anyone in need by providing compassionate, competent and professional services that strengthen and support individuals, families and communities based on the value and dignity of human life.

www.catholiccharities.net/keenager

SENIOR FAITH:

The Transformative Power of Daily Prayer

By Mary Ellen Kastenholz
VOLUNTEER

Prayer comes in many forms, moments and religious practices. Daily prayer can have profound effects on how we live each day. Catholic Charities' Board Member, Heide Kenny, shares with us the peace she finds from daily prayer and the joy of finding new ways to pray!

Heide sees herself first and foremost as a Daughter of God. She cherishes her beautiful relationships as wife to Gerry for 38 years, mother to five children and one daughter-in-law, grandmother to one, daughter, sister, aunt, godmother and friend. She is president of a successful family business, and a proud and dedicated American citizen. Heide is a life-long donor of time, talent and treasure to parishes, Catholic schools and Catholic Charities.

Faith and prayer have always been important to Heide. She was baptized and received her faith formation at Our Lady of Mount Carmel Parish on Belmont Avenue in



Heide Kenny
and her family.

Chicago, and at the Academy of the Sacred Heart. Today, she continues to incorporate the prayers she learned in school into her daily routine: Morning Offerings, the Angelus, and Advent and Lenten practices.

Her mother's challenge to say a Rosary each day during one Lenten season made Heide realize that she could find the time in each day for this ritual. She particularly loves the Luminous Mysteries added to the Rosary by Pope John Paul II in 2002.

Heide also has devotions to several Novenas such as the Immaculate Conception, the Infant of Prague, Our Lady of Guadalupe, St. Joseph, and the Holy Spirit.

A NEW LOOK AT SCRIPTURE

Heide made valiant efforts to take classes, and mark daily readings in the Bible but found it difficult to do, so she stopped. Then technology created an opportunity! The USCCB (United States Council of Catholic Bishops) website (usccb.org) created a calendar of daily readings. "I love it because if I miss a day or two, I can always go back to catch up. Now my day just does not seem right unless I start it with the Gospel reading for the day," Heide says.

FINDING TIME TO PRAY EACH DAY

One of Heide's greatest challenges is time. A while ago, a friend suggested that she create a "plan of life" to bring God into her daily life in ways that are important and doable – and to stick with it! For Heide the morning prayers, Gospel readings, daily Mass, prayers before meals, the Rosary and night prayers are very important. "If I make a plan each morning to weave them into each day, I am much more likely to pray than without the plan," she explains.

Is it getting harder to climb the stairs? A stairlift from RampNOW might be the solution you need. Call today for a free home estimate.



toll free:

(877) 700-RAMP

www.RampNOW.com

(630) 892-7267

Serving Kane, DuPage, Cook, Will, Lake, McHenry, DeKalb and Kendall Counties



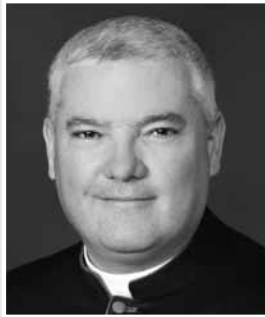
RampNOW

The Call to Value and Honor Society's Oldest Members

"The elderly need to be treated with love." That was one of the underlying messages of Pope John Paul's Letter to the Elderly, which he released 14 years ago in October of 1999. This historic letter should guide us this fall as lawmakers get back to the difficult task of implementing budget cuts in the face of an aging population.

Pope John Paul reminded us that the elderly are the guardians of our past, and the keys to our future. He cautioned us not to overvalue physical strength and vigor, for our essential human dignity does not lessen with physical or mental deterioration. On the contrary, the passing of years can bring wisdom, a longer perspective, and a better grasp of the meaning of life that should be a resource for the rest of society. We must honor our elders and ensure that our culture is one in which elderly people are treated with esteem and respect so they can grow old with dignity.

Catholic Charities has certainly taken Pope John Paul's message to heart over the past 14 years, growing and expanding our programs so that we can provide affordable housing, in-home caregiving services, meal programs, and social services to tens of thousands of poor seniors each year. Each senior that is served by Catholic Charities can feel God's love and mercy in our tender care and deep concern for them.



The Voice of Catholic Charities

Rev. Monsignor Michael M. Boland

Administrator, President and CEO of Catholic Charities

It is unfortunate that the needs of vulnerable seniors are rising at a time when federal and state budgets are bursting at the seams.

And yet, even with the tremendous growth of Catholic Charities senior services over the years, it simply will not be enough to meet the growing needs of our aging population.

It is stunning that between 8,000 and 10,000 Americans turn 65 each day and will continue to do so until the year 2030! The news media has called this phenomenon "the silver tsunami," lending a powerful visual image to the aging of our baby boomers. By 2030, almost one out of every five Americans—some 72 million people—will be 65 years or older.

Sadly, many older Americans are falling into poverty as they age, and as individual life expectancy increases. One of

the biggest drivers of poverty in old age is failing health and the associated medical costs. Nearly 80 percent of seniors have at least one chronic disease such as cancer, hypertension, Alzheimer's, or cardiovascular disease, and many suffer from multiple chronic conditions. With rising health care and prescription medication costs, it is not hard to understand why these conditions deplete savings and force many seniors into poverty. Chronic health conditions also increase the need for in-home medical, nutrition, and social services, and possibly placement into

assisted living or nursing homes.

Safe, affordable housing for seniors is also an issue as property tax rates outpace increases in Social Security benefits, and the quality of housing stock diminishes in poor neighborhoods. Many seniors spend half or more of their monthly income on housing. Even seniors who are lucky enough to get subsidized housing are often forced to live in dilapidated, unsafe apartments because there is just not enough quality housing available.

It is unfortunate that the needs of vulnerable seniors are rising at a time when federal and state budgets are bursting at the seams. As Catholics and Christians, it is our duty to urge lawmakers not to cut the very programs which enable us to care for our elderly with the dignity and respect they deserve. Let us heed the words of Pope John Paul II and build a society that honors and values our oldest members, and above all, treats them with love.

The Voice of Charity

relevant
radio

AM 950
TUESDAYS • 9:30 A.M.

Join **Monsignor Michael Boland**, *President of Catholic Charities of the Archdiocese of Chicago* for **The Voice of Charity**, a discussion about social service issues in our community.



Halloween and the Chance to Talk About Death

Halloween has become the second most popular holiday in terms of decorations. It is surpassed only by Christmas. During the month of October there are many displays of witches and goblins and tombstones and bodies hanging from houses and trees. As a mental health professional who works with families devastated by suicide, I am often offended by the way death is portrayed as a source of amusement at Halloween. I believe that most people are unaware of the impact of such decorations but the lesson to be learned is that people should develop some sensitivity to others who may have experienced traumatic losses. The other lesson is that death is not something to make fun of or to fear. It is a part of life.

Death is an experience that we are all going to have sometime in the future and I think that it is important that we talk about our feelings in relation to it. One of the greatest things I can experience in my life is to help someone make the transition to the hereafter. Recently, I had the opportunity to say a Mass for a woman who was going to die soon. As we gathered with members of her family, I asked the woman if she was afraid of death and she replied that she was not afraid. In fact, she was looking forward to the experience. She was very much at peace with her state and she calmly faced her death without fear and trepidation.



Words for the Spirit

Father Charles T. Rubey

*Founder and Director of the LOSS Program
Loving Outreach to Survivors of Suicide*

Those of us who believe that there is life after death can have hope of something better ... our faith can reassure us when we naturally feel afraid of the unknown.

What a wonderful example that woman was for me and her family members, of someone who saw death not as an end but as a beginning of a new life with God. Those of us who believe that there is life after death can have hope of something better "on the other side." We may not know exactly what it will be like, but our faith can reassure us when we naturally feel afraid of the unknown.

Talking with others about their experiences following the death of loved ones can help. Many people have had the sense that a deceased loved one is near, or have even glimpsed that person. Such

stories don't scare me; they reassure me that love survives what we think of as death. It is a mystery that is so much more interesting than the scary "ghost stories" we tell as children, don't you think?

I know that when my time

comes to die, if I have the chance, I want to talk about it! To me, it will be the second most profound experience of my life. The first most profound experience is when I was born. Obviously I have no recollection of my birth, but I might very well be conscious of my rebirth! Will I see loved ones who have passed on before me? Will my spirit soar like a bird? Will I see angels and other divine sights? I don't know the answers to these questions, but I am still excited by the prospect of something incredibly good and holy awaiting us beyond death.

May your Halloween be full of treats, instead of tricks!



We're making Reverse Mortgages in your neighborhood

If you're a homeowner, 62 or older, it may be right for you.

- Eliminate your current mortgage payment OR receive monthly income for as long as you live in your home
- Stay in your home
- Stay on the title

For more information and a FREE Consumer Guide contact one of our mortgage lenders below.

Dan Mudd
708.341.0342
NMLS #224034

Terri Brady
312.203.4018
NMLS #1043728

standardbanks.com

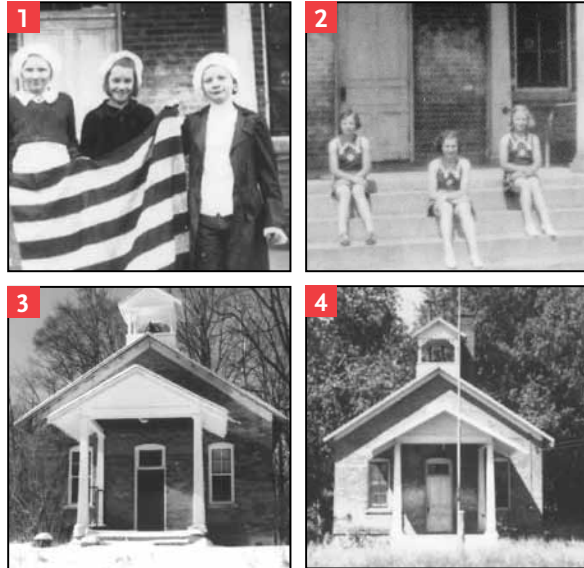


Standard Bank reverse mortgages are guaranteed by the US Dept. of Housing and Urban Development and insured by the Federal Housing Administration.



One Room Schoolhouse

One more "School Days" memory



Felicia Krupinski sent in a photos of her one-room Riverside schoolhouse in South Haven, Michigan. (Clockwise)

- 1. In Mom's wig, I am George Washington; my sister, Florence, is in the white apron and the girl in the middle is Aunt Zenia, dressed as a pilgrim.
- 2. Three of us in swim suits ready to go swimming in the Black River.
- 3. The Riverside school redone as taxes were paid. Miss Root taught K through 8th grades for \$45 per month.
- 4. School before taxes were paid!

Elder Abuse

FROM PAGE 1

advocate. In the hypothetical case of the senior above, this means our workers would investigate to see if the senior's family member was aware of their condition, willing to assist, and aware of resources, like low-cost homemaking and personal care services that could help the senior live independently.

Elder abuse is severely underreported. It is estimated that 1 in 14 cases of elder abuse come to the attention of authorities. Several professions

are required to report suspected elder abuse and the law protects those, who in good faith, report it.

Sadly, 90% of all reported elder abuse is committed by an older person's own family members, most often adult children and other extended family members. Don't wait if you have concerns for yourself or anyone else. Get answers to your questions about elder abuse and neglect by calling 1-866-800-1409.

Sources:
 Centeronelderabuse.org
 Illinois Department on Aging- state.il.us/aging

COME AND PRAY THE ROSARY ON CEMETERY SUNDAY

ALL ARE WELCOME TO JOIN US FOR OUR
ROSARY AND PRAYER SERVICE
 ON SUNDAY, NOVEMBER 3RD AT 2:00 P.M.



- | | | |
|--|--|--|
| ALL SAINTS
Des Plaines
847-298-0450 | HOLY SEPULCHRE
Alsip
708-422-3020 | ST. ADALBERT
Niles
847-647-9845 |
| ASCENSION
Libertyville
847-362-1247 | MARYHILL
Niles
847-823-0982 | ST. BENEDICT
Chicago
773-239-4422 |
| ASSUMPTION
Glenwood
708-758-4772 | MOUNT OLIVET
111th Street Chicago
773-239-4422 | ST. CASIMIR
Chicago
773-239-4422 |
| CALVARY
Evanston
847-864-3050 | QUEEN OF HEAVEN
Hillside
708-449-8300 | ST. JOSEPH
River Grove
708-453-0184 |
| GOOD SHEPHERD
Orland Park
708-226-9951 | RESURRECTION
Justice
708-458-4770 | ST. MARY
Evergreen Park
708-422-8720 |
| HOLY CROSS
Calumet City
708-862-5398 | | ST. MICHAEL
Palatine
847-397-3284 |



www.CatholicCemeteriesChicago.org

◀ SCAN HERE FOR ADDITIONAL INFORMATION

KA-CMS2

From PAGE 7

Security to see if you can get “Extra Help”. To apply by phone or have an application mailed to you, call Social Security at 1-800-772-1213 (TTY) 1-800-325-0778 and ask for the Application for Help with Medicare Prescription Drug Plan Costs (Form SSA-1020). Or go to your local Social Security office. To apply online, visit: www.socialsecurity.gov/prescriptionhelp/.

3. MEDIGAP**(Medicare Supplement Insurance) POLICY**

A Medigap policy is a health insurance policy sold by private insurance companies to fill the “gaps” in the Original Medicare Plan. Medigap policies help pay some of the health care costs that the Original Medicare Plan doesn’t cover. Medigap policies are standardized so you can compare them easily. It’s important to compare Medigap policies because costs can vary.

4. HELP WITH MEDICARE CHOICES

There are services that help seniors choose the best Medicare option for them. In addition to 1-800-MEDICARE (633-4227) or online, at www.medicare.gov, you can contact AARP (888) 687-2277 or visit its website, www.aarp.org. “Medicare Interactive,” is a program of the Medicare Rights Center, www.medicareinteractive.org.

The **Senior Health Insurance Program (SHIP)** is a FREE statewide **insurance counseling** service for Medicare beneficiaries and their caregivers provided by the State of Illinois, Department of Aging. Contact a SHIP counselor at 1-800-548-9034.

5. MEDICAID--now called Healthcare and Family Services (HFS) Medical Benefits in Illinois

Medicaid/HFS is a government-funded program that pays for

medically necessary services (including hospital care, nursing facility care, therapies, dental and eye care), supplies and medicines for persons with low income and few financial resources. Persons who are disabled, blind, or 65 years of age and older may qualify. **For information**, call the Illinois Department of Healthcare and Family Services, at 1-800-843-6154. You can also visit the website: www.hfs.illinois.gov. (217) 782-1200.

FOOD AND NUTRITION**1. SENIOR, MOTHER AND CHILD NUTRITION PROGRAM (SMACNP)**

This is a program operated in Chicago, Lake and Cook Counties by Catholic Charities which gives a monthly nutrition package to low-income seniors age 60 and older and low-income mothers with young children. Contact: the program outreach coordinator at (773) 378-3127.

2. MEALS ON WHEELS

Meals on Wheels provides home-delivered meals for seniors. Catholic Charities offers Meals on Wheels in Lake County and the South Suburbs. For Lake County, call (847) 546-5733; for the South Suburbs, call (708) 596-2222. For Meals on Wheels programs in the City, call (312) 744-4016, the Senior Services Division of the Chicago Department of Family Support Services. For the rest of the state, call the Illinois Department on Aging at 1-800-252-8966.

3. CONGREGATE MEALS

These programs provide hot, nutritious meals served in a social setting at lunch time. For Catholic Charities congregate meals in Lake County call (847) 782-4267; for the South Suburbs call (708) 832-1208. In Chicago, call the City of Chicago’s Aging Division at (312) 744-4016. For the rest of the state, call the Illinois Department on Aging at 1-800-252-8966.

4. SNAP (formerly Food Stamps)

The SNAP (Supplemental Nutrition Assistance Program) program is administered by the Illinois Department of Human Services (IDHS) and provides cash assistance (in the form of the Illinois LINK debit card) to buy approved food items. Persons aged 60 and older or disabled must meet eligibility criteria, including low income (\$1,862 gross monthly income for a household of one). For more details or to apply, call IDHS at 800-843-6154. You can also visit the IDHS website at: <http://www.dhs.state.il.us>.

TRANSPORTATION**1. REGIONAL TRANSIT AUTHORITY (includes the Chicago Transit Authority and PACE Suburban Public Transportation)**

For information on accessible transportation routes, call (312) 836-7000. For information about **Free or Reduced Fares for Seniors and Persons with Disabilities** on CTA and PACE transportation services (excluding Paratransit) call (312) 836-7000 or go to www.rtachicago.com.

2. PARATRANSIT, TAXI ACCESS PROGRAM

The RTA offers special travel options for persons who cannot ride public transportation due to disabilities. “Paratransit” is provided by specific carriers depending on your geographic area. These carriers can pick up a disabled person at their home, bring them to a destination, and make the return trip. For more information, call the RTA ADA Certification Help line: (312) 663-4357; or TTY (hearing or speech impaired): (312) 913-3122. **The Taxi Access Program** only operates in Chicago (though it is administered by PACE). It allows eligible riders to purchase vouchers (\$5.00 each) which are valued up to \$13.50 for a one-way cab ride. Call PACE at 1-800-606-1282

and choose “4” when prompted, or visit: <http://www.pacebus.com/sub/paratransit/tap.asp>.

LEGAL SERVICES**CATHOLIC CHARITIES LEGAL ASSISTANCE (CCLA)**

CCLA is a program of Catholic Charities which assesses clients’ legal needs and directs them to the appropriate resources, clinics, and/or pro bono (free) attorneys. CCLA may also provide appropriate legal advice to clients. CCLA will help anyone in need of legal assistance. Contact: (312) 948-6821 or visit: <http://www.catholiccharities.net/ccla>.

VETERAN’S BENEFITS**1. VETERANS’ RIGHTS BUREAU**

The Veterans’ Rights Bureau ensures that veterans receive the benefits they have earned. They also publish a free, annual guide to veterans’ rights that they will mail to you. Call the Veterans Hotline at: 1-800-382-3000, or visit: www.illinoisattorneygeneral.gov/rights/veterans.html.

2. ILLINOIS DEPARTMENT OF VETERANS AFFAIRS

Overview: Call for questions regarding state benefits. Contact: 1-800-437-9824 (in Illinois); (217) 782-6641 (if out of state); (312) 814-2460 (Chicago Office), or visit: <http://www2.illinois.gov/veterans/>

3. CATHOLIC CHARITIES SERVICES FOR VETERANS

Catholic Charities offers a range of services for veterans, including housing, counseling, and employment assistance. Call (312) 655-7700 or visit: <http://www.catholiccharities.net/services/veterans>.

Source:

Health Care Reform: Medicaid Expansion, <www.apha.org/advocacy/Health+Reform/ACAbasics/medicaid.htm>

Spoon Spatula

From The Recipe Box

GOBLIN CHOCOLATE PUMPKIN MUFFINS

- | | |
|---------------------------|---|
| 1-1/2 cups FLOUR | 1/2 cup PUMPKIN
<i>(solid pack canned)</i> |
| 1/2 cup SUGAR | 1/4 cup BUTTER <i>(melted)</i> |
| 2 teaspoons BAKING POWDER | 1 EGG |
| 1/2 teaspoon CINNAMON | 1 cup CHOCOLATE morsels
<i>(semi-sweet, 6-oz pkg.)</i> |
| 1/2 teaspoon SALT | 1/4 cup NUTS
<i>(finely chopped)</i> |
| 1 cup MILK | |

PREPARATION: *(Makes: 12 muffins)*

- Preheat oven to 400 degrees.
- In large bowl, combine flour, sugar, baking powder, cinnamon and salt; make well in center.
- In small bowl combine milk pumpkin, butter and egg; add to well in flour mixture.
- Add chocolate morsels; stir until dry ingredients are just moistened. Spoon mixture into greased muffin cups, filling each 3/4 full.
- Sprinkle 1 teaspoon nuts over each muffin.
- Bake at: 400 for 18-20 minutes.
- Cool 5 minutes; remove from pans. Cool completely on wire racks.

Do you have a favorite Holiday Recipe?

Share your recipe with other readers. Submit recipes to:
The Recipe Box, Keenager News, 721 N. LaSalle St., Chicago, IL 60654



Submitted by
Dave H.

Wedding Anniversaries

October Anniversaries

71st	George & Mary Rose Liska	10/17
68th	Gary & Lorraine <i>(no last name provided)</i>	10/4
66th	Leroy & Rose Budnik	10/10
65th	John & Betty Rygiel	10/23
65th	William & Ardelle Pasterczyk	10/9
65th	Emil & Josephine Sedlak	10/9
65th	Deacon & Carmella Ryan	10/9
65th	Jon & Elaine Arendt	10/19
64th	Thomas & Margaret Thompson	10/15
63rd	Chester & Wanda Mazurek <i>(no date provided)</i>	
63rd	Mr. & Mrs. Chester Pokusa	10/28
63rd	Earl & Chris Romz	10/8
60th	Carl & Rose Meneoni	10/3
60th	Fred & Dorothy Brinskelle	10/3
60th	Ted & Loretta Wrzeskinski	10/10
58th	Walter & Rosemarie Braziumas	10/15
58th	Ronald & Jean Hrubecy	10/15
58th	Richard & Mary Rybarczyk	10/29
56th	Charles & Margaret Green	10/26
54th	Bob & Jean Black	10/10
53rd	Mr. & Mrs. George Tistle	10/21
53rd	Frank & Carol Seiser	10/8
50th	James & Maryln Sobun	10/12
50th	Michael & Virginia Muscarello	10/12

Editors Note:

Keenager News would like to acknowledge a special anniversary that occurred earlier this year, for John and Arlene Pytko, former residents of Chicago who moved to Arizona 20 years ago. June 20 marked their 60th wedding anniversary. Sadly, John passed away on August 15, 2013. He was a veteran and served in the Korean War for 18 months.



Victor Dominelli	10/24
Betty Igaravidez	10/27
Frances Geyer	10/28
Phillip Bretz, Jr.	10/30
Mary Lou Halerz	10/30
Donald Bux	10/31
Elizabeth K. Calderon	10/31

Extraordinary Eighty

Gert Dakl	10/14
Patrick Cleary	10/15
William Ersfeldt	10/18

Belated Birthdays

80 Walter Braziumas *(no date)*



Rose's puzzle CORNER

BY ROSE LAGIOS

M S D O D G E M J A G U A R T H S S T R
 Y U R A B U S L I N C O L N U Y R E E E
 W M B O A D Z A M T L I I B C U O D O K
 K Y E L T N E B D C S T G A K N T E B A
 O L D S M O B I L E A U D A E D O C H B
 D A B O N H M P S R L I B S R A M R L E
 U U V U S E D L E U L O T I H I N E P D
 E D L A I D G Z A L X U R N S Y A M P U
 S I N T Q C A A A R W E P E O H C R V T
 E F O R D M K C W V E L L X A P I E Q S
 N I T R A M N O T S A N E U S N R N W B
 B I N F I N I T I M K C E N C D E A N L
 E H O R A L F H B H Y L H G H R M U A J
 R U T D U E A O U O O Y O P R A A L R Y
 G F N U R T R S R D R G E V Y K U T E C
 O O I R O G A S A U S U J V S C Z M S I
 H G A A H M L S C L G O O E L A U X I A
 D R U I T L Y R A E L L N D E P S L A N
 I S N Y O T E L O R V E H C R J I Y K B
 G I L R P M G T P O M R E H C S R O P R

WORDS TO FIND
 Answers are found FORWARD
 BACKWARD, UP, DOWN and DIAGONAL.

Automobiles

- American Motors
- Aston Martin
- Audi
- Bentley
- BMW
- Buick
- Cadillac
- Chevrolet
- Chrysler
- Delorean
- Dodge
- Duesenberg
- Ferrari
- Fiat
- Ford
- General Motors
- Honda
- Hudson
- Hyundai
- Infiniti
- Isuzu
- Jaguar
- Kaiser
- LaSalle
- Lamborghini
- Lexus
- Lincoln
- Mazda
- Maserati
- Mercedes
- Mercury
- Mitsubishi
- Nash
- Oldsmobile
- Packard
- Plymouth
- Pontiac
- Porsche
- Peugeot
- Renault
- Rollsroyce
- Saab
- Saturn
- Studebaker
- Subaru
- Tucker
- Volkswagen
- Volvo
- Yugo

Your Benefits

SEE PAGE 6

Is it getting harder to climb the stairs? A stairlift from RampNOW might be the solution you need. Call today for a free home estimate.



toll free:
(877) 700-RAMP
www.RampNOW.com
 (630) 892-7267

Serving Kane, DuPage, Cook, Will, Lake, McHenry, DeKalb and Kendall Counties



LAW OFFICE OF JOHN STRZYNSKI

- Wills
- Living Trusts
- Powers of Attorney
- Guardianships
- Probate Administration

221 N. LaSalle Street, Suite 2700

Chicago, Illinois 60601

(312) 223-0540

john@js-law.net

Call for Office or Home Appointment



Rose's puzzle CORNER

BY ROSE LAGIOS

E R R O L F L Y N N A R N J K G A P H D
 T N A R G Y R A C R C O N O A L I F U O
 C B Z P J N L H E Q E W B A T E H D C G
 L L O M C Y F N I G A D Y N H N F R C O
 D O I B H S D B D J N N J C A M R Z C C
 G D U L H R I I C M A A P R R I P H A H
 P V Y I A O P M A G M L E A I L E D N M
 B O M G S R P R A E G R G W N L Y C V Y
 F F A A E A T E S J R A G F E E B O D A
 D V J T P H R S D G E G Y O H R S J L J
 A K L Q A D T M E M B Y L R E W O Y A S
 T A R R L E X N S B D D E D P W R A B F
 W J A A W Y E V N T I U E O B X C C H U
 O Y N A H A W B Y A R J H C U W G Y L R
 E O R U U N S W W U G O V T R B N S R I
 R T S T E Z C T H L N H N E N C I L O W
 H T R O W Y A H A T I R N G F E B A X K
 X Y Z I H U M P H R E Y B O G A R T P G
 F R A N K S I N A T R A U I N K W A T H
 W E M E L B A R G Y T T E B Z Z H H D Y

WORDS TO FIND
 Answers are found FORWARD
 BACKWARD, UP, DOWN and DIAGONAL.

Stars of the 1940s

- Judy Garland
- Cary Grant
- Betty Grable
- Rita Hayworth
- Bob Hope
- James Stewart
- Joan Crawford
- Frank Sinatra
- Martha Raye
- Gene Autry
- Peggy Lee
- Glen Miller
- Ronald Reagan
- Katharine Hepburn
- Errol Flynn
- Ava Gardner
- Walter Pidgeon
- Louis Armstrong
- Ingrid Bergman
- Humphrey Bogart
- Bing Crosby

St. Jude Novena



Requested by: JP, MSS, SW, CAJ, AK, JB, AV, FJS, BH, JC, KF, CCD

*May the Sacred Heart of Jesus be adored, glorified,
 loved and preserved throughout the world now and forever.
 Sacred Heart of Jesus pray for us; St. Jude, worker of miracles,
 pray for us; St. Jude, helper of the hopeless, pray for us.*

*The Novena is an eight day devotion. Say the prayer nine times a day. By the eighth day your prayer will be answered.
 If you would like to acknowledge your gratitude for its influence in your request; please contact Keenager News and we
 will include your initials in the publication of this monthly novena. No payment required.*

Please consider a gift to Catholic Charities of the Archdiocese of Chicago in your will or trust.

Just a simple sentence is needed:

"I give the sum of \$_____ (or all the rest,
 residue and remainder of my estate) (or _____%
 thereof) to Catholic Charities of the Archdiocese
 of Chicago to be expended by it in furtherance of its
 objects and purposes."

**For more information contact Margaret Hughes
 Associate Director of Annual Fund
 (312) 655-7012
 mhughes@catholiccharities.net**

Humor & Nostalgia

by Joe Eberhardt



Reprinted from the Joe Eberhardt archives.

Taxi Driver's First Day on the Job

During a ride in a taxicab, the rider touched the driver on the shoulder to ask him a question.

Upon the touch, the cab driver flinched, screamed, then went into a panic and almost wrecked the cab. Finally the driver got control and pulled to side of road.

Still shaking, he turned to his rider and apologized. He said, "Sorry about that. This is my first day as a cab driver. For the past 20 years I have driven a hearse."

.....

In these days of compact discs, and electronic music files ("MP3's") it is fun to take a look back at the dawn of recorded music. Enjoy this walk down Memory Lane

REMEMBER: It was the most hallowed possession

that ever graced the parlor. (It was called the "parlor" before it became the "living room").

Thomas Edison called his invention the "Talking Machine," but to us it was the Victrola, and later, the phonograph.

The varnished, ornate cabinet was about as high as a chest of drawers in your bedroom. On the right side of the cabinet was a handle for cranking the spring inside to wind the motor.

It was not electric. When you opened the top cover you saw a metal arm with a circular head. Soldered to its center was a piece of metal that held the needle.

Needles had to be changed after five or six records were played. When the records did not play right, someone scolded, "You forgot to change the needle."

October 2013 VOL. 45, NO. 9

"Mature Youth" Keenager News

www.catholiccharities.net/keenager

BRINGING NEWS TO SENIORS SINCE 1969



721 NORTH LA SALLE STREET
CHICAGO, ILLINOIS 60654

www.keenagernews.org

Non-Profit Org.
U.S. Postage
PAID
Oak Brook, IL
Permit No. 65

Do Not Delay, Dated Material



October Birthdays

Wonderful Hundreds

106 Rachel M. Solecki	10/6
103 Msgr. Richard O'Donnell	10/15
101 Rose Szczepanek	10/6
100 Rose Truckenbrud	10/2
100 Nora Butler	10/26

Nifty Ninety

Richard Holmes	10/1
Henry A. Tiontek	10/2
Nora B. Walker	10/8
Sophie Vital	10/11
Raymond Coyne, Jr.	10/18
Jennie M. Piasecki	10/20
Lois Breen	10/26
Victoria Grosh	10/27

Continued on PAGE 9

Birthdays: Please send birthday submissions for seniors turning 80, 90 or 100+ years old, at least eight to 10 weeks in advance to: Keenager News, 721 N LASALLE ST, CHICAGO, IL 60654 or phone us at (312) 655-7425. We regret we cannot print between-decade birthdays.

Bud and Norma Hinchman Musical Memories a la Mode

Custom designed for "Young at Heart Seniors"

Church Parties, Golden Agers, Anniversaries,
Birthdays, Retirement Communities
Lovely Christmas Programs

(815) 886-6330 or (708) 334-4939