



CATHOLIC CHARITIES OF THE ARCHDIOCESE OF CHICAGO

# HIV/AIDS Services

## Overview

Catholic Charities provides a wide range of services to persons with HIV or AIDS and their families in Lake County. We assure compassion, discretion, and confidentiality.

Our services can help those living with HIV/AIDS by coordinating case management services, substance abuse counseling, mental health counseling, support groups, social activities, and food and nutrition services. Our Case Management services help:

- Identify your needs
- Connect you with community resources including medical, dental, and nutritional care
- Apply for appropriate assistance
- Advocate for you with other services
- Empower you to live life to its fullest

## Services

- **SUPPORT GROUPS AND SOCIAL ACTIVITIES:** We maintain weekly support groups in English and Spanish. Our psychosocial counselors are available at all times to meet with you to discuss any social concerns that you may have.
- **SELF-SUFFICIENCY:** We stand with you as you step out into your new life with HIV. We support you emotionally. We provide counseling on site and referrals for additional services as needed.
- **SUBSTANCE ABUSE COUNSELING:** Our skilled clinicians provide a range of services to assist you in developing and maintaining a lifestyle free from drugs and/or alcohol. If you ever worry about how much you drink, if your drug usage seems to have taken over your life, a counselor can help you look at your situation and help you get ready to enter into treatment if needed. We also provide outpatient treatment with one-on-one and group sessions that are oriented to people living with HIV.
- **MENTAL HEALTH:** Our therapists have years of experience working with people who are HIV positive and helping them cope with their particular situations. We will meet with you, discuss what is troubling you, and support you while you overcome the problem. We also offer group sessions aimed at improving your overall health.
- **CARE CUPBOARD FOOD PANTRY:** To help you get the nutrition you need, we offer a food pantry especially for you. You can use the Care Cupboard once a week, either Monday, Wednesday, Thursday and Friday from 1–3 p.m. or Tuesday 9 a.m. – 12 p.m. The Care Cupboard provides a variety of nutritional items to help you live as healthy as possible with HIV.
- **HOME SERVICES PROGRAM:** Remaining at home can be important to living well. We offer help through the Home Services Program of the IDHS Division of Rehabilitation Services. Catholic Charities case managers assess your needs. Opportunities include homemaker services, electronic home response, home health care maintenance, and environmental modifications.

**FOR MORE INFORMATION CONTACT: (847) 782-4265**



## CATHOLIC CHARITIES AGENCY-WIDE SERVICES

Adoption  
Child Development  
Counseling  
Domestic Violence  
Emergency Assistance  
Health Care  
Homelessness  
HIV/AIDS Awareness  
Immigration/Naturalization  
Legal Assistance  
Maternity/Pregnancy  
Nutrition  
Refugee Resettlement  
Senior Services  
Senior Housing  
Substance Abuse  
Veterans Services

**PHONE**  
**(847) 782-4265**

**Catholic Charities of  
Lake County**

671 S. Lewis Avenue  
Waukegan, IL 60085



[www.catholiccharities.net](http://www.catholiccharities.net)

Find ccofchicago on:

## THE MISSION OF CATHOLIC CHARITIES

Catholic Charities fulfills the Church's role in the mission of charity to anyone in need by providing compassionate, competent and professional services that strengthen and support individuals, families and communities based on the value and dignity of human life. *In order to remain faithful to our mission, Catholic Charities is guided by these core values: Respect, Compassion, Competence, and Stewardship.*