



CATHOLIC CHARITIES OF THE ARCHDIOCESE OF CHICAGO

# Senior Congregate Meals

## Overview

Catholic Charities Senior Congregate Meals is a supplemental nutrition program that offers hot meals and camaraderie for adults, aged 60 and older, and their spouses of any age. Lunches provide opportunities for socialization, activity, and resources on healthy aging so that seniors can remain independent and avoid isolation. Meals are offered in inviting settings across Lake and Cook counties five to seven days a week depending on the site. Serving days and times vary.

## Lake County Locations

### Dino's Den Restaurant

88 E. Grand Ave.  
Fox Lake, IL 60020

### The Avalon Family Restaurant

4821 Grand Ave.  
Gurnee, IL 60031

### N&T's Restaurant

2711 Sheridan Rd., #201  
Zion, IL 60099

### Round Lake Area Park District

814 Hart Rd.  
Round Lake, IL 60073

### Park Place

414 S. Lewis Ave.  
Waukegan, IL 60085

### Grayslake Senior Center

50 Library Lane  
Grayslake, IL 60030

### Antioch/Lake Villa Township

1625 Deep Lake Rd.  
Lake Villa, IL 60046

### Liberty Arms Senior Apartments

260 Larkdale Row  
Wauconda, IL 60084

### Nuestro Center

742 Sheridan Rd. #1  
Highwood, IL 60040

### Koffee Kup Restaurant

30 East Main St.  
Lake Zurich, IL 60047

### Wauconda Restaurant and Cafe

405 Liberty St.  
Wauconda, IL 60084



## CATHOLIC CHARITIES AGENCY-WIDE SERVICES

- Adoption
- Child Development
- Counseling
- Domestic Violence
- Emergency Assistance
- Health Care
- Homelessness
- HIV/AIDS Awareness
- Immigration/Naturalization
- Legal Assistance
- Maternity/Pregnancy
- Nutrition
- Refugee Resettlement
- Senior Services
- Senior Housing
- Substance Abuse
- Veterans Services

**PHONE**  
**(312) 655-7500**

**Catholic Charities of the Archdiocese of Chicago**  
721 N. LaSalle Street  
Chicago, Illinois 60654



[www.catholiccharities.net](http://www.catholiccharities.net)

Find ccofchicago on: [Twitter](#) [Facebook](#) [Instagram](#) [YouTube](#)

## Cook County Locations

### Arlington Heights Senior Center

1801 W. Central Rd.  
Arlington Heights, IL 60005

### Josephine P. Argento Senior Center

1700 Memorial Dr.  
Calumet City, IL 60409

### Markham Senior Golden Chateau

15652 S. Homan Ave.  
Markham, IL 60428

### Clyde Park

1909 S. Laramie Ave.  
Cicero, IL 60804

### Ada S. Niles Senior Center

653 W. 63rd St.  
Chicago, IL 60621

## FOR MORE INFORMATION

**Lake County: (847) 782-4170**

**Cook County: (847) 797-5353**

## THE MISSION OF CATHOLIC CHARITIES

Catholic Charities fulfills the Church's role in the mission of charity to anyone in need by providing compassionate, competent and professional services that strengthen and support individuals, families and communities based on the value and dignity of human life. *In order to remain faithful to our mission, Catholic Charities is guided by these core values: Respect, Compassion, Competence, and Stewardship.*