



CATHOLIC CHARITIES OF THE ARCHDIOCESE OF CHICAGO

Senior Centers

Overview

Catholic Charities Senior Centers are a place for older adults to come together with their peers for a wide variety of health, social, recreational, educational, and nutritional activities that promote healthy aging. Senior Centers provide opportunities for seniors to connect with others in order to remain independent and avoid isolation.

Programs are open to all seniors in the community. Each center has a monthly calendar full of activities like health education sessions, exercise classes, field trips and birthday parties. The centers also provide healthy and nutritious meals for breakfast and lunch. Catholic Charities Senior Centers' professional staff work to ensure the wellbeing of all attendees and make connections to local resources for seniors in need.

Services

Activities at Catholic Charities Senior Centers may include:

- Art classes
- Computer classes
- Dance and theater classes
- Health screenings
- Wii bowling
- Chair aerobics
- Yoga
- Exercise classes
- Holiday celebrations



CATHOLIC CHARITIES AGENCY-WIDE SERVICES

Adoption
Child Development
Counseling
Domestic Violence
Emergency Assistance
Health Care
Homelessness
HIV/AIDS Awareness
Immigration/Naturalization
Legal Assistance
Maternity/Pregnancy
Nutrition
Refugee Resettlement
Senior Services
Senior Housing
Substance Abuse
Veterans Services

PHONE
(312) 655-7500

Catholic Charities of the
Archdiocese of Chicago
721 N. LaSalle Street
Chicago, Illinois 60654



www.catholiccharities.net

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FOR MORE INFORMATION CONTACT DESIRED LOCATION:

Grayslake Senior Center
50 Library Lane
Grayslake, IL 60030
(847) 543-1041

**Josephine P. Argento
Senior Center**
1700 Memorial Dr.
Calumet City, IL 60409
(708) 832-1208

Ada S. Niles Senior Center
653 W. 63rd St.
Chicago, IL 60621
(312) 745-3328

**North Center Senior
Satellite Center**
4040 N. Oakley
Chicago, IL 60618
(312) 744-4015

**Kevlyn Park Senior
Satellite Center**
2715 N. Cicero Ave.
Chicago, IL 60639
(312) 744-3350

THE MISSION OF CATHOLIC CHARITIES

Catholic Charities fulfills the Church's role in the mission of charity to anyone in need by providing compassionate, competent and professional services that strengthen and support individuals, families and communities based on the value and dignity of human life. *In order to remain faithful to our mission, Catholic Charities is guided by these core values: Respect, Compassion, Competence, and Stewardship.*