



## Catholic Charities of the Archdiocese of Chicago OFFICE OF LATINO AFFAIRS

September, 2014

### **Comprando Rico y Sano. Teaching our Families about Healthy Eating on a Budget**

Catholic Charities operates sixteen Women, Infant and Children (WIC) Nutrition Centers throughout the city of Chicago, serving over 170,000 women, infant and children in the past year alone. These Centers not only act as a food resource, but also bring additional services to the community, including, benefits screening, income tax assistance and nutrition education.

**Comprando Rico y Sano** is an initiative brought to the Centers this summer, through a partnership with the National Council of La Raza, the largest national Hispanic civil rights and advocacy organization in the United States. Through this initiative, Promotores de Salud (Health Promoters) facilitate *Charlas* (Workshops) in our Centers, educating families on how to eat healthy on a limited budget, utilizing food items from the supplemental nutritional assistance program.

The *Charlas* have benefited over 500 participants through the summer and will continue through October 31st.

The program is open to expanding its reach within the community. If you are interested in learning more about the *Charlas* or scheduling a session for your organization or parish, please contact Melissa Hernandez, at: 773-729-3860 or 773-932-7965.



A *Charla* facilitated by our Health Promoter Martha Mendoza at a Catholic Charities WIC Center.

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**AYUDANDO  
NUESTRAS  
FAMILIAS**

**Benefiting Catholic Charities  
Family Strengthening  
Programs**

The Catholic Charities Latino Advisory Committee invites you to join us for an evening of great fun, all for a great cause!

**NEW VENUE!**

**CARNIVALE  
Cocktail Reception  
Thursday, OCTOBER 23rd  
6:00 pm to 8:00 pm**

**Individual Reservations \$85,  
\$95 after October 10**

**Secure your reservation and  
sponsorship at:  
[www.catholiccharities.net/familias](http://www.catholiccharities.net/familias)**

For more information please  
contact the Office of Latino  
Affairs: (312) 655-8492

[Click to Register](#)

If you cannot attend the event but would like to buy Grand Raffle tickets or donate, [Click Here!](#)

## Humanitarian Pledge for Unaccompanied Children Taking Action to Make a Difference

Dulce Ramirez and Jessica Sanchez are two special women. After witnessing the humanitarian crisis of the thousands of unaccompanied minors from Central America crossing our southern border, they decided to take action.

Their project: **Humanitarian Pledge for Unaccompanied Children** raises awareness and funds in support of Catholic Charities programming to unaccompanied children including assistance with basic needs, legal and counseling services. On a local level Catholic Charities has partnered with Maryville Academy on a proposal to house and provided services to unaccompanied youth in Chicago. On a national level, Catholic Charities agencies along the southern border and in additional states continue to provide care to these youth.



**Dulce Ramirez and Jessica Sanchez**

*As Dulce shared: "We decided to reach out to Catholic Charities after researching among different organizations in Chicago, because we noticed the passion and work being done in the Latino Community, not only at a local level, but at a nationwide level".*

Together with friends, Dulce and Jessica coordinated two events: A dinner fundraiser at PI-zen Restaurant on September 13th and a concert at the Double Door on September 25th. We are grateful to Dulce, Jessica and all their creative friends for sharing their time, talent and treasure for this most important cause, and for choosing Catholic Charities as the recipient of their support.

We invite you to join Dulce and Jessica and become involved in our mission. Many opportunities are available. For more information please contact the Office of Latino Affairs.

### Contact Us:

Office of Latino Affairs  
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### Connect with us

[www.catholiccharities.net/latinoaffairs](http://www.catholiccharities.net/latinoaffairs)



Catholic Charities fulfills the Church's role in the mission of charity to anyone in need by providing compassionate, competent and professional services that strengthen and support individuals, families and communities based on the value and dignity of human life.

*In order to remain faithful to our mission, Catholic Charities is guided by these core values:*

*Respect, Compassion, Competence, and Stewardship.*