

BEHAVIORAL HEALTH



THE ISSUE

2 IN 3 ADULTS WITH A BEHAVIORAL DISORDER **DO NOT GET TREATMENT**

817,700 PEOPLE IN ILLINOIS **DON'T HAVE HEALTH INSURANCE**

AND 66% OF DOCTORS REPORT EVEN INSURED PATIENTS CAN'T GET BEHAVIORAL HEALTH SERVICES BECAUSE OF LACK OF PROVIDERS AND INSURANCE BARRIERS.

WHAT WE DID



23,304 HOURS OF TRAUMA-INFORMED COUNSELING SERVICES PROVIDED IN VULNERABLE COMMUNITIES



5,700 HOURS OF SUBSTANCE USE COUNSELING & TREATMENT PROVIDED TO ADULTS & ADOLESCENTS



5,197 PEOPLE GRIEVING THE LOSS OF A LOVED ONE RECEIVED COUNSELING & SUPPORT SERVICES



411 PEOPLE RECEIVED COUNSELING & SUPPORT IN THEIR OWN HOMES THROUGH HOME VISITS



164 CHILDREN AFFECTED BY COMMUNITY VIOLENCE RECEIVED COUNSELING & CASE MANAGEMENT

OUR IMPACT

81%

OF CLIENTS ENGAGED IN OUR COUNSELING PROGRAMS **ACHIEVED AT LEAST ONE PERSONAL OBJECTIVE PER TREATMENT PLAN.**

WHY IT MATTERS

STUDIES SHOW INDIVIDUALS IN **COUNSELING** OFTEN GAIN:



HOPE & EMPOWERMENT



LIFE SKILLS & PERSONAL INSIGHT



PREVENTION OF FUTURE DISTRESS

92% of CLIENTS

RECEIVING OUR COUNSELING SERVICES ARE **LOW-INCOME AND FACE BARRIERS OBTAINING BEHAVIORAL HEALTH SERVICES**

WE ACCEPT MEDICAID PAYMENTS & UTILIZE A SUBSIDIZED FEE SCALE TO **INCREASE ACCESS TO SERVICES FOR ALL.**

100%

OF CLIENTS GRIEVING THE LOSS OF SOMEONE TO SUICIDE GAINED **NEW & POSITIVE COPING SKILLS**

WHY IT MATTERS

SUICIDE IS THE 10TH LEADING CAUSE OF DEATH IN THE UNITED STATES

THE INTENSITY & DURATION OF **SUICIDE GRIEF IS OFTEN GREATER** THAN THAT OF OTHER LOSSES