



# Youth and Family Therapeutic Services

## Overview

The Youth and Family Therapeutic Services group at Catholic Charities provides trauma informed and strengths based counseling services to children and families through a variety of counseling programs. The services are driven by the dedicated team of experienced master's level clinicians who understand the unique way that children communicate and can gear interventions accordingly. Individual, family and group sessions assist children and families experiencing a wide range of social and personal problems impacting their ability to cope. The department is accredited through the Council on Accreditation (COA) and licensure through the State of Illinois Department of Children and Family Services. Services are available in English and Spanish. The program accepts children and families throughout Cook County.

## Services

- Therapy services for child victims of abuse and neglect, children who have been exposed to domestic and community trauma, and children experiencing a wide range of mental health challenges. Therapists use trauma-focused CBT in addition to other trauma treatments such as EMDR. Use of expressive therapies such as art therapy, dance movement therapy and play therapy are also utilized depending on the needs of the client.
- Reunification therapy services to assist birth parents with resolving issues that brought their children to the attention of DCFS.
- Community mental health services for children 3-18 experiencing difficulties in social, emotional, behavioral and family functioning delivered in designated schools.
- In Home adoption preservation therapy services for adoptive and guardianship families throughout Cook County to assist with challenges related to adoption and guardianship issues.
- Expertise in providing therapy services for children with sexual behavior problems.
- Title One academic counseling services provided in designated schools to assist students with alleviating barriers to learning.
- Experience in providing early childhood mental health consultation.

## LOCATIONS

2310 W. Roosevelt 2nd Fl Chicago, IL 60608	1100 S. May 2nd Fl Chicago, IL 60607
6202 S. Halsted Chicago, IL 60621	11255 S. Michigan Chicago, IL 60628

For more information contact our **INTAKE LINE**

**(312) 655-7191**



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**PHONE**  
**(312) 655-7500**

**Catholic Charities of the  
Archdiocese of Chicago**  
721 N. LaSalle Street  
Chicago, Illinois 60654



[www.catholiccharities.net](http://www.catholiccharities.net)

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## THE MISSION OF CATHOLIC CHARITIES

Catholic Charities fulfills the Church's role in the mission of charity to anyone in need by providing compassionate, competent and professional services that strengthen and support individuals, families and communities based on the value and dignity of human life. *In order to remain faithful to our mission, Catholic Charities is guided by these core values: Respect, Compassion, Competence and Stewardship.*