



CATHOLIC CHARITIES OF THE ARCHDIOCESE OF CHICAGO

# Senior Food Nutrition Program

## Overview

The Senior Food Nutrition Program is a USDA supplemental food and nutrition program administered by the Illinois Department of Human Services (IDHS) for low-income Chicago residents who are 60 years and older and have an annual gross income at or below 130% of the Federal Poverty Income guidelines. A monthly nutritious food package is provided to participants, along with supplemental food and nutrition education services.

Supplemental foods are provided monthly at no cost to participants at 12 local centers. In addition to the 12 distribution sites, the Senior Food Nutrition Program helps the targeted population who have a difficult time receiving program services during regular operating services at more than 156 sites, primarily in senior buildings. Special efforts are made to serve elderly persons who are homebound and unable to obtain food.

## Services

- Free, nutritious food to supplement the diets of low-income seniors
- Nutrition education designed to meet the nutritional needs and cultural preferences of clients
- Food tastings, recipes, and nutritional information for all participants
- Health and social service referrals

## Distribution Sites

Hours vary by location.

### SFNP Warehouse

1965 W. Pershing Rd.  
Chicago, IL 60609  
(773) 523-0299

### Korean Self-Help Center

4934 N. Pulaski Rd.  
Chicago, IL 60630  
(773) 545-8348

### Logan Square Service Center

3110 W. Armitage Ave.  
Chicago, IL 60647  
(773) 395-4207

### Austin Peoples Action Center

5125 W. Chicago Ave.  
Chicago, IL 60651  
(773) 378-8760

### Pilsen Service Center

1643 W. Cermak Rd.  
Chicago, IL 60608  
(773) 523-0409

### Bronzeville Service Center

2907 S. Wabash Ave.  
Chicago, IL 60616  
(312) 326-5020

### Calumet Park Service Center

12420 S. Ada St.  
Calumet Park, IL 60827  
(773) 978-6235

### Southeast Service Center

8959 S. Commercial Ave.  
Chicago, IL 60617  
(773) 978-6235

### St. Blase Service Center

7438 W. 61st St.  
Summit, IL 60501  
(708) 563-2407

### West Regional Services

1400 S. Austin Blvd.  
Cicero, IL 60804  
(708) 222-1491

### North/Northwest Regional Family Service Center

1717 Rand Rd.  
Des Plaines, IL 60016  
(847) 376-2100



## CATHOLIC CHARITIES AGENCY-WIDE SERVICES

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Nutrition  
Refugee Resettlement  
Senior Services  
Senior Housing  
Substance Abuse  
Veterans Services

## PHONE

(312) 655-7500

## Catholic Charities of the Archdiocese of Chicago

721 N. LaSalle Street  
Chicago, Illinois 60654



[www.catholiccharities.net](http://www.catholiccharities.net)

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**FOR MORE INFORMATION CONTACT: (773) 523-5758**

## THE MISSION OF CATHOLIC CHARITIES

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