



CATHOLIC CHARITIES OF THE ARCHDIOCESE OF CHICAGO

# Adult Day Services

## Overview

Adult Day Care is a structured program of stimulating group and individualized activities for disabled adults and older adults who cannot be left alone during the day. Adult Day Services are open Monday through Friday, and assist seniors and families by:

- Relieving caregivers from the physical and emotional demands of caring for their family members
- Reducing their worries by providing a safe and healthy place for their loved one
- Renewing their energy and providing time for their own needs
- Helping link caregivers with other community resources and agencies

## What We Provide

- A safe, protected, and inviting site
- Activities that accent individual strengths and abilities including fitness and exercise, field trips, table and card games, memory games, reminiscing
- Staff and volunteers who are experienced and trained in working with adults with special needs
- Nursing services/medication management
- Transportation when necessary
- Quality, tasty and nutritious meals and snacks that meet the Child and Adult Care Food Program (CACFP) nutrition standards required by the United States Department of Agriculture
- A mission-driven environment to serve our participants with compassion, competence, and dignity

## Eligibility

Applicants must be individually assessed to determine if Adult Day Services are appropriate. Applicants must:

- Be capable of benefiting from socialization in a structured environment
- Be capable of being transported to and from the facility
- Be experiencing physical, emotional, and/or cognitive difficulties that impede their ability to complete daily activities without supervision or assistance
- Be willing to participate in a multi-disciplinary assessment of physical and social needs

## FOR MORE INFORMATION CONTACT DESIRED LOCATION:

**Accolade Adult Day Care**  
112 S. Humphrey  
Oak Park, IL 60302  
(708) 445-5400

**Ada S. Niles Adult Day Care**  
6717 S. Elizabeth  
Chicago, IL 60636  
(773) 448-5400

**St. Ailbe Adult Day Care**  
9249 S. Avalon  
Chicago, IL 60619  
(773) 721-0177



## CATHOLIC CHARITIES AGENCY-WIDE SERVICES

Adoption  
Child Development  
Counseling  
Domestic Violence  
Emergency Assistance  
Health Care  
Homelessness  
HIV/AIDS Awareness  
Immigration/Naturalization  
Legal Assistance  
Maternity/Pregnancy  
Nutrition  
Refugee Resettlement  
Senior Services  
Senior Housing  
Substance Abuse  
Veterans Services

**PHONE**  
(312) 655-7500

**Catholic Charities of the  
Archdiocese of Chicago**  
721 N. LaSalle Street  
Chicago, Illinois 60654



[www.catholiccharities.net](http://www.catholiccharities.net)

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## THE MISSION OF CATHOLIC CHARITIES

Catholic Charities fulfills the Church's role in the mission of charity to anyone in need by providing compassionate, competent and professional services that strengthen and support individuals, families and communities based on the value and dignity of human life. In order to remain faithful to our mission, Catholic Charities is guided by these core values: Respect, Compassion, Competence, and Stewardship.