

Annual Benefits Review

Welcome to our annual "Benefits" issue! Here, and on pages 2, 10, and 11 we share information on a variety of programs and services that assist people age 55 years and older on the local, state and national levels.

We start with Catholic Charities Division of Senior Services. Catholic Charities provides a comprehensive list of services to help seniors live independently and continue to remain in their homes and communities. It is part of our mission to help anyone in need with compassion, competency, and professionalism.

Visit www.catholiccharities.net and look under SERVICES to see all that we offer. Each program area listed below has a FACT SHEET that summarizes all you need to know. You can also call **(312) 655-7700** and we are happy to answer your questions by phone.

CARE COORDINATION SERVICES:

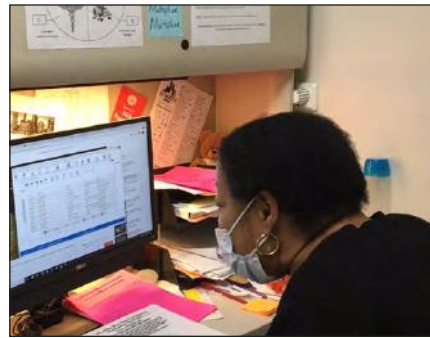
Care coordination services are offered for seniors living in designated areas, providing assessments for the Community Care Program, Choices for Care, Adult Protective Services, and connections to support services and related programs.

City of Chicago Senior Care Coordination Services

Older Adult Services

3125 N. Knox, Chicago, IL 60641
Phone: (773) 583-9224

Central access point for seniors who live on the Northside of the City of Chicago.



Southwest Senior Services

2601 W. Marquette Rd.
Chicago, IL 60629
Phone: (773) 349-8092

Central access point for seniors who live on the Southwest of the City of Chicago.

Westside Senior Services

3932 W. Madison St.
Chicago, IL 60624
Phone: (773) 922-7250

Central access point for seniors who live on the Westside of the City of Chicago.

Lake County Senior Care Coordination Services

101 N. Cedar Lake Road,
Round Lake, IL 60073
Phone: (847) 546-5733

Central access point for seniors who live in Lake County. Information and Referral Services also offered.

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MONTH

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CATHOLIC CHARITIES EVENTS

Please visit our website for additional events and updates.
www.catholiccharities.net

GREETINGS FROM THE EDITOR

Happy October, Keenager Readers!

We are pleased to share with you our ANNUAL BENEFITS REVIEW, with updated information on programs and services that are available to you, often free of charge.

Don't miss our story on Lou Glunz, and the fantastic CHRISTMAS GIFT that the Glunz children have given to their parents for the past ten years.

Would you like to receive Keenager News in an email? The more people who read online, the less it costs us to publish this

newspaper. Visit keenagernews.org to learn more. You'll find FOUR EXTRA WORD SEARCHES there every month, too. Thank you for considering switching to email delivery.

Finally, don't forget that, as the pandemic continues, Catholic Charities is here for you. Please call (312-655-7700) or email us (gethelp@catholiccharities.net) if we can assist you during these unprecedented times. May you find much joy in these beautiful fall days.

For Catholic Charities,
Katie McDonnell Bredemann

Keenager News

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Katie McDonnell Bredemann

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CATHOLIC CHARITIES MISSION

Catholic Charities fulfills the Church's role in the mission of charity to anyone in need by providing compassionate, competent and professional services that strengthen and support individuals, families and communities based on the value and dignity of human life.



**YOUR COMMENTS
ARE APPRECIATED**

E-mail us at

keenager@catholiccharities.net

Annual Catholic Charities Senior Services Review

From p. 1

NORTHWEST SUBURBAN SENIOR CARE COORDINATION SERVICES

1801 W. Central, Arlington Heights, IL 60005; Phone: (847) 253-5500

Central access point for seniors who live in the townships of Barrington, Hanover, Palatine and Wheeling. Caregiver Program and Information and Referral Services also offered.

SOUTH SUBURBAN SENIOR CARE COORDINATION SERVICES

15300 S. Lexington, Harvey, IL 60426
Phone: (708) 596-2222

Central access point for seniors who live in the townships of Bremen, Bloom, Calumet, Thornton and Rich. Caregiver Program and Information and Referral Services also offered.

OTHER PROGRAMS INCLUDE:

SENIOR CENTERS:

Offer health, recreational, educational, social, and nutritional programs on a drop-in basis. PLEASE NOTE: These 12 sites (ten in Chicago, one in Grayslake and one in Calumet City) are currently not providing on-site group activities due to COVID-19 precautions.

ADULT DAY SERVICES:

Offer supervised day care and programming in a pleasant, safe environment to help frail adults with socialization, recreation, and health monitoring. PLEASE NOTE: These three sites (two in Chicago and one in Oak Park) were temporarily suspended due to COVID-19 precautions, but they will be re-opening sometime this fall.

HOSPITAL TRANSITION PROGRAM:

Focuses on helping patients take an active role in their health care, and communicate more effectively with their physicians. The Coaches work with patients in the hospital and in the home, and the program is usually completed within 30 days of patient discharge, with a goal of avoiding readmission.

SERVICE COORDINATION IN OUR HUD-SUBSIDIZED RESIDENTIAL COMMUNITIES:

Information and referrals to low-income senior residents in our HUD-subsidized housing communities, to help seniors maintain their independence, age in their own homes and avoid premature admission to more costly institutionalized care.

HOMEMAKER SERVICES:

Provide in-home homemaker services to homebound, low-income seniors who live in the southeast and southwest sides of Chicago. Services are designed to help with daily living activities, which may include housework, meal preparation, laundry, shopping, and assistance with personal care.

GOVERNMENT-FUNDED EMPLOYMENT AND TRAINING FOR LOW-INCOME INDIVIDUALS:

Seniors work part-time in social service agencies and government organizations while obtaining skills for unsubsidized employment.

SENIOR CONGREGATE MEALS:

Currently suspended due to COVID-19 precautions. Please See Home Delivered Meals below.

SENIOR HOME DELIVERED MEALS/ MEALS ON WHEELS:

Noon-time meals prepared and usually delivered by volunteers, for those who are homebound and unable to prepare their own food due to physical or mental difficulties. In some programs an evening sack meal may be included.

SENIOR FOOD AND NUTRITION PROGRAM (SFNP):

U.S. Department of Agriculture (USDA) supplemental food and nutrition program administered by the Illinois Department of Human Services (IDHS) for low-income Chicago residents who are 60 years and older, providing monthly food packages as well as nutrition education. Visit www.catholiccharities.net for list of SFNP Food Distribution Sites.

SENIORS FARMER'S MARKET NUTRITION PROGRAM (SFMNP):

Provides coupons to low-income seniors that can be exchanged for eligible food items at farmer's markets, roadside stands, and community-supported agriculture programs. NOTE: This program runs during summer months.

LAKE COUNTY SENIOR NUTRITION COVID-19 TEMPORARY MEAL ACCESS/PICK-UP LOCATIONS: REGISTRATION IS REQUIRED

For further information, please call (847) 782-4170. ALL meals must be ordered three business days in advance or otherwise noted on Pick Up location list at www.catholiccharities.net. There is a Suggested Donation per site, but NO ONE will be denied food based on his or her inability to make a donation.

OTHER CATHOLIC CHARITIES SERVICES:

LEGAL ASSISTANCE:

CCLA offers a wide range of legal resources to low-income individuals who otherwise could not afford an attorney: CCLA assesses clients' legal needs and directs them to the appropriate resources, clinics, and/or pro bono (free) attorneys. CCLA may also provide appropriate legal advice to clients. Call 312-948-6821 or visit www.catholiccharities.net.

VETERANS SERVICES:

Catholic Charities offers a range of services for veterans, including food, housing, counseling and employment assistance. Call 312-655-7700 or visit www.catholiccharities.net.



Three Things That Make Catholic Charities Distinct

A Message of Hope, by Catholic Charities new President and CEO

I am honored to be the new President and CEO of Catholic Charities of the Archdiocese of Chicago. As a social psychologist and educator by training, I have spent my career teaching people how to build more effective organizations. I can't think of a more important enterprise to build and lead than Catholic Charities, or a more important time to join in its critical work.

Three things make Catholic Charities distinct in my mind. The first is our experience. As our region grapples with the impact of a once-in-a-generation health crisis, Catholic Charities continues to respond with expertise, decisiveness and impact – all built over 102 years of service since our founding amidst the influenza pandemic of 1918.

I can't think of a more important enterprise to build and lead than Catholic Charities...

We are a go-to partner for government and civic leaders alike in this time of need. Catholic Charities knows how to mobilize to feed people, shelter people and keep families in their homes; to invest in caring for children, seniors and veterans; and to help those who need to find jobs. Whether it is remote counseling for people experiencing grief, stress, and depression, or money to allow a family to honor a deceased loved one with a proper burial, this is



The Voice of Catholic Charities

Sally Blount , Ph.D.

President and CEO of Catholic Charities of the Archdiocese of Chicago

what we are called and know how to do – we provide charity, care, and support to anyone in need.

The second aspect that makes us distinct is our scale. We help hundreds of thousands of people each year in the Chicago region – regardless of their race, ethnicity or faith identities. We estimate that over the last century we have touched 20 million or more lives. Decade after decade, Catholic Charities has been there – on the phone, in church parking lots, in our offices across the city and throughout the suburbs, serving people. And that scale and impact add up over time. We are proud of our legacy.

The third, and most important aspect of Catholic Charities, is our Spirit – we are a Catholic organization. We believe in an all-loving and all-knowing God who uniquely cherishes and accompanies each person's life. We know that He aches with us in the uncertainty, anxiety, and grief of this time, but He also offers a message of hope. We serve with the humility, confidence and hope that comes from our faith in God, the love of Jesus, the consolation of Mary, and the inspiration of the saints who have served before us across the ages.

thereby transform hearts, both of those who receive and those who give. We are all givers and receivers of mercy in this unending circle of abundance.

Catholic Charities was born during a crisis, and here we are, more than 100 years later, rising to familiar but also entirely new challenges. As I begin to lead Catholic Charities during this extraordinary time of need, I ask for your prayers and support so that together we may continue to discern, "God, how can we help?"

We are the hands and feet of Christ, tending to the well-being of our brothers and sisters.

In fact, our faith tells us that we are each called to be the hope for each other. We are the hands and feet of Christ, tending to the well-being of our brothers and sisters. Pope John Paul II taught us that we are to "practice mercy" in a spirit of "mutuality:" to transform the suffering of those in need and

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ARCHDIOCESE OF CHICAGO

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Catholic Charities Was There For My Family Members When They Needed Help

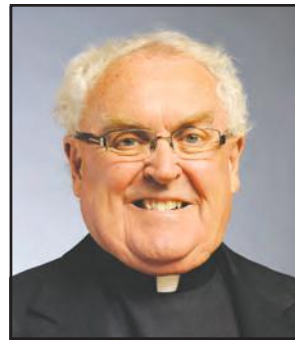
Catholic Charities has been providing services for the Archdiocese of Chicago for over 100 years. It began small and, for all of these years, Catholic Charities has been advocating for the needs of the vulnerable people who come to our attention, no matter what the need is. Advocacy is defined as a lobbying effort by an organization to assist a group of people who are in need of some type of service. In other words, for over a century, Catholic Charities

This is a clear example of what Catholic Charities did to help my family members in their time of need.

has been lobbying for, and helping people who are hurting.

In a previous column, I shared that my family had a very urgent need during the Spanish Flu Epidemic of 1918-1920. I shared that my grandmother and uncle both died during that pandemic. In this column, I would like to share what happened to my grandfather after his wife and his son died.

As a reminder, my mother's family emigrated from Ireland and they settled in St. Gabriel's Parish in Canaryville. Both my grandmother and my uncle contracted the Spanish Flu and were in two different hospitals. My grandfather got a call from the doctor who was attending my grandmother to let him know that she was dying.



Words for the Spirit

Father Charles T. Rubey

*Founder and Director of the LOSS Program
Loving Outreach to Survivors of Suicide*

He was getting ready to go to be with her when he got a call from the doctor who was attending my uncle to let my grandfather know that he also was dying. My grandfather sent my aunt to be with my uncle so that he could be with his wife. They both died on the same day in 1920.

My grandfather was left with six young children and was quite overwhelmed with this responsibility. The Mercy nuns who staffed St. Gabriel Grammar School suggested that my grandfather apply for a job at St. Mary's Training School, which he did, and he was then able to have his remaining children cared for at school. At St. Mary's, he used his skills as a bookkeeper, a trade he had learned in Ireland.

St. Mary's Training School was operated by Catholic Charities of Chicago. This is a clear example of what Catholic Charities did to help my family members in their time of need. I personally am indebted to Catholic Charities for what they were able to do to assist my family during this critical time in their lives.

My mother lived the longest of the seven children in her family. She died in 1997 and I am still in

touch with several of my cousins. My mother lost her mother and her brother early in her life, and she also went through the Depression and World War II. I think that generation absorbed a lot and grew to accept those kinds of tragedies. We can look to that generation as a source of inspiration now, during the current pandemic. They were strong, and resilient, and we can be too.

Catholic Charities has continued to advocate for people who have needs to be addressed, from addiction, to housing, and to different types of counseling. We serve thousands of people who

need food by our various food pantries. We provide nutritious meals for the poor who otherwise might not have a healthy diet. This food is distributed at various sites of Catholic Charities.

We at Catholic Charities continue to reach out to needy people who are just like those Jesus reached out to in the Gospel stories. He said, "Whatsoever you do to the least of my brethren, that you do unto me." (Matthew 25:40). We have done it for over 100 years and we will continue to do it for the unforeseen future. I hope that you can assist us, as we continue to reach out to the very vulnerable people of the Archdiocese. No contribution is too small.

Enjoy this wonderful weather and stay safe.

St. Jude Novena



May the Sacred Heart of Jesus be adored, glorified, loved, and preserved throughout the world now and forever. Sacred Heart of Jesus have mercy on us; St. Jude, worker of miracles, pray for us; St. Jude, helper of the hopeless, pray for us.

DCP DKS KMD RMP ACP EF MMJ

The Novena is a nine day devotion. Say the prayer nine times a day. If you would like to acknowledge your gratitude for its influence in your request, please contact Keenager News at (312) 655-7425 and we will include your initials in the publication of this monthly novena. No payment required.

Draw Closer To Jesus And Mary Through The Rosary

SPIRITUAL MATTERS

Anthony Spalla
SENIOR SERVICES STAFF

Dear Sisters and Brothers in Christ,

I hope and pray this column finds you well. As you may recall from previous years this month is right at the top of my list for favorites of the year. The beauty of the changing season hits full stride, and the magnificent colors for me are breathtaking.

The month of October each year is dedicated to the Most Holy Rosary. This is primarily due to the fact the liturgical feast of Our Lady of the Rosary is celebrated annually on Oct 7. It was instituted to honor the Blessed Virgin Mary in gratitude for protection that she gives the Church, in answer to the praying of the Holy Rosary by the faithful.

The feast was introduced by Pope St. Pius V (1504-1572) in the year 1571 to commemorate the miraculous victory of the Christian forces in the Battle of Lepanto on Oct 7, 1571. The pope attributed more to the "arms" of the Holy Rosary than the power of cannons and the valor of soldiers who

fought there.

Legend tells us the Holy Rosary as a form of prayer was given to St. Dominic (1170-1221) by Mary, the Mother of Our Lord, who entrusted it to him as an aid in the conflicts with the Albigensians. The Dominican pope, St. Pius V did much to further the spread of the Holy Rosary and it thereafter became one of the most popular devotions of Christendom. It was the same Pope St. Pius V who, in 1569 officially approved the Holy Rosary in its present form, with the Papal Bull, *Consueverunt Romani Pontifices*. It had been completed by the addition of the second half of the "Hail Mary" and the "Glory be to the Father" at the conclusion of each mystery.

In the Middle Ages, the Rosary was prayed in various medieval monasteries as a substitute for the Divine Office, for the lay monks and devout lay persons who did not know how to read. Instead of the 150 Psalms, they would pray 150 "Our Fathers" counting them on a ring of beads known as the crown or "corona." With the growth of Marian devotion in the twelfth century, the "Psalter of the Blessed Virgin Mary" developed, now substituting 150 "Hail Marys" in

place of the "Our Fathers."

The 150 "Hail Marys" were subsequently subdivided into fifteen decades by the young Dominican friar, Henry Kalkar (1328-1408), with each decade referring to an event in the life of Jesus and Mary. The Dominican Alanus de Rupe (1428-1478), further divided the episodes in the history of salvation into the Joyful, Sorrowful and Glorious Mysteries. He also attributed the origin of the Rosary, then known as the "Psalter of the Blessed Virgin" to St. Dominic, and thus spurred the Dominican Order to make the Apostolate of the Rosary their special concern. The Dominicans have, since then, promulgated the Rosary with notable results.

The practice of dedicating the entire month of October to the Rosary developed toward the end of the last century. Pope Leo XIII, whose papacy was from 1878-1903, strongly promoted the increase of devotion to the Blessed Mother by encouraging the constant use of the Rosary.

Many other popes have shown their devotion to the Rosary in their writings. In the recent past, Pope Paul VI, whose papacy was from 1963-1978, devoted the last

section of his Apostolic Exhortation *MARIALIS CULTUS* to the Angelus and the Rosary (MC 40-55). In this document, he wrote that "the Rosary retains an unaltered value and intact freshness." (MC 41).

The Rosary is primarily a scriptural prayer. Pope Pius XII, whose papacy was from 1939-1958, wrote that the Rosary is "a compendium of the entire Gospel" (AAS 38 [1946] p. 419). The Rosary draws its mysteries from the New Testament and is centered on the great events of the Incarnation and Redemption. St. John Paul II called the Rosary his favorite prayer, in which we mediate with Mary upon the mysteries which she as a mother mediated on in her heart (Lk. 2:19).

In this month of October, let us consider this beautiful prayer of the Rosary as a means that we, too can use to draw closer to Jesus and Mary by meditating on the great mysteries of our salvation.

Your brother in Christ,
Anthony

"Continue to pray the Rosary every day."

Our Lady of Fatima to Sister Lucia



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Origins of Oktoberfest

The first Oktoberfest was celebrated in 1810, as part of the wedding celebration uniting Bavarian Crown Prince Louis (who later became King Louis I) with Princess Therese von Sachsen-Hildburghausen.

The citizens of Munich were invited to attend the wedding festivities on the fields in front of the city gates. For the occasion, the fields were named Theresienwiese, which means, "Therese's fields." Over time the locals shortened the name to "Wiesn" and they continued the gathering every subsequent year. Bavaria is an independent, free state in the southeastern corner of Germany, and today, this 210-year old celebration brings people from all over the world to the region. The 2020 Weisn has been postponed. However, it usually begins each year in late September and lasts until the first Sunday in October. More than one million gallons of beer are consumed annually. Last year, more than six million people travelled to Munich to immerse themselves in the Bavarian culture and take part in the Wiesn festivities.

Many American cities have developed their own Oktoberfest traditions. Due to COVID-19, many have been cancelled for this year. However, the Bavarian community in Chicago is already working on a fabulous Oktoberfest celebration for next year. A special 100th anniversary of Chicago's American-German Fest is being planned for September 10-12, 2021.

For more information, visit: www.germanday.com. In the meantime, perhaps you can gather your family and friends for a small, socially-distant Oktoberfest celebration this year, and salute the Bavarian people.

Sources: history.com; germanday.com; oktoberfest.de.

keenagernews.org



NAME THAT TUNE

Fill in the blank of these classic songs that have autumn-themed words in their titles:

1. _____ I Fall In Love (Nat King Cole)
2. Why Do _____ Fall In Love (Frankie Lymon and The Teenagers)
3. I Fall To _____ (Patsy Cline)
4. Falling In Love _____ (Marlene Dietrich)
5. _____ Falling (Tom Petty)
6. Can't _____ Falling In Love With You (Elvis Presley)
7. _____ It Be I'm Falling In Love (The Spinners)
8. _____ Morn (Neil Diamond)
9. _____ In New York (Frank Sinatra)
10. September In The _____ (Dinah Washington)

(Answers: When; Fools; Pieces; Again; Free; Help; Could; September; Autumn; and Rain.)

To: Keenager Readers From: Anthony Spalla

I found this beautiful and powerful Native American poem, and I'd like to share it with you. There is so much here to ponder and pray on:

O Great Spirit,
Whose voice I hear in the winds,
And whose breath gives life to all the world,
hear me! I am small and weak, I need your
strength and wisdom.
Let me walk in beauty, and make my eyes
ever behold the red and purple sunset.
Make my hands respect the things you have
made and my ears sharp to hear your voice.
Make me wise so that I may understand the
things you have taught my people.
Let me learn the lessons you have hidden
in every leaf and rock.
I seek strength, not to be greater than my
brother, but to fight my greatest enemy—
myself
Make me always ready to come to with you
clean hands and straight eyes.
So when life fades, as the fading sunset,
My spirit may come to you without shame.

CATHOLIC CHARITIES

COVID-19 Community Response Fund

BEFORE + DURING + AFTER

Catholic Charities has suspended all senior group activities and adult day care amidst the COVID-19 pandemic. Meals to go are available at Congregate Meal sites and Senior Centers.

FOOD PANTRIES EVENING MEALS

Food pantries and evening meal programs will continue to provide food as dictated by supplies and safe distribution protocols. Please check under Our Services/ Emergency Services for locations and phone numbers.

COUNSELING CASE MANAGEMENT

Counseling, case management, and other services that can be provided remotely are being delivered accordingly. Please call your case worker or program contact if you need assistance.

HOW YOU CAN HELP

Please consider a contribution. The need for financial assistance and program support will grow significantly with lost wages and other impacts from the pandemic.

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Samhain To Halloween

MARY ELLEN KASTENHOLZ

STAFF WRITER

Centuries before the familiar “Trick or Treat?” chant began, ancient rituals prompted this modern day, popular holiday. Halloween is rooted in both secular and Christian traditions.

Starting as a Celtic festival some 2,000 years ago, Samhain (pronounced sow-in) came from the area that is now Ireland, the United Kingdom and northern France. It was the celebration of the New Year, November 1st; also the day marking the end of summer and harvest, and the beginning of the long, cold winter. The Celts believed that on the night before the New Year began, the world of the living and the dead blended together. On the night of October 31st, they celebrated Samhain, believing that the souls of the dead, including ghosts, goblins, and witches returned to mingle with the living.

The Celts feared that the other worldly spirits would cause trouble and damage crops. Their superstitious beliefs also centered around the Druids or Celtic priests who would make predictions about the future from these spirits. Since the Celts were dependent upon the unstable forces of nature, optimistic predictions could provide great comfort during the dark winter. The Druids would build massive sacred bonfires, and the Celts would gather their crops and animals to burn as sacrifices. During the festivities, costumes were worn usually of animal heads and skins. When the celebration ended, they relit their hearth fires from the sacred bonfire for protection during the winter season.

By 43 A.D., the Roman Empire had conquered most of the Celtic territory. During the 400 years they ruled they added their own ideas to Samhain. Bobbing apples and drinking cider was woven in to honor Pomonā, the goddess who ruled over orchards. In her honor, centerpieces were made from apples and nuts.

The Christian aspect came in after Pope Boniface IV established All Martyrs Day on May 13, 609 dedicating the Pantheon in Rome to all Christian martyrs. Wishing to add Christian influence to the Celtic region, Pope Gregory IV added saints to this day in 835, renaming it



All Saints Day and moving it from May to November 1st. This edict blended and replaced some of the early Celtic rites using bonfires, parades and costumes to honor saints, angels, and devils. The night before became

known as All Hallow’s Eve. In the 15th century, All Souls Day was added on November 2nd to commemorate the lives of all the Christians who had died that were not recognized as saints.

Many of our familiar customs associated with Halloween are from ancient rituals. Here are a few:

Trick or Treat?

The custom loved by kids of going door to door to collect treats began hundreds of years ago in Ireland. Farmers would organize into groups and go to each household in the village and collect materials for a village feast and bonfire. To those who contributed, prosperity was promised. Those who did not were threatened with bad luck! When the large group of Irish immigrants came to the US in the 1800’s, the custom of trick or treating was made more child friendly and fun.

Pumpkin Carving

Once again, thank the Irish for this custom. The ritual actually began with a turnip! Folks would hollow out a turnip and put a candle inside to ward off evil spirits. When the Irish came to America, they realized the pumpkin was a much larger and better substitute for the turnip!

Soul Cakes

After the creation of All Souls Day, the churches and faithful rang bells for the souls in purgatory and baked cakes known as “soul cakes.” Giving cakes was a sweet way to abolish the ancient practice of leaving food and wine for roaming spirits, known as “going-a-souling.”

Louis Glunz III And His Family Support Catholic Charities And Have



Jean and Lou Glunz

Catholic Charities has been blessed throughout its history to have individuals and families who have left an indelible mark on the agency. Dr. Louis Glunz III and his late wife, Jean were one of these couples, and their children, grandchildren, and extended family members continue to selflessly partner with us in a multitude of ways.

Lou is Chairman Emeritus of Regis Technologies, Inc., the Morton Grove firm he founded in 1956. Regis partners with pharmaceutical firms to develop their active ingredients (APIs) for the rigorous drug approval process established by the Food and Drug Administration (FDA).

Lou first got involved with Catholic Charities at the invitation of a Wilmette neighbor. As Lou describes, "My friend Clem Berghoff went to daily Mass, as Jean and I did, and Clem stopped me one day to say he wanted to nominate me to Catholic Charities Board of Advisors. I said, smiling, 'Are you crazy? We are raising six kids, and putting them through Catholic schools, too.' But Clem said I would be glad if I joined the Board, and so I did. Clem was right."

ascending to the role of President/Chairman of the Board from 2004-2006. While Chairman, Lou says, "We got more people involved who were willing to bring their business expertise to help Catholic Charities, participate in events and generate support from their own parishes." Lou adds, "Monsignor Boland was a very creative and effective leader who always came up with great ideas. Walter Ousley, the Operations Manager, had the responsibility of making these ideas work. I enjoyed working with Walter. We made a good team."

Lou and Jean became involved in many Catholic Charities programs. One that is especially meaningful to Lou is the HIV/AIDS program that was established in the 1980s. As Lou describes, "When we all first became aware of HIV/AIDS, there was no cure. Regis Technologies was approached by Agouron, a California company that had a drug candidate that could help cure HIV/AIDS patients. They needed help getting their clinical trials done, as part of the FDA approval process."

Lou continues, "At the same time, I got involved in Catholic Charities Lake County office in Waukegan, where many HIV/AIDS patients were coming for help. The social workers were scared stiff because so little was known about the disease and people who got it were dying. I chaired the Charities AIDS Committee that met regularly with AIDS patients, to identify their needs and provide the services that we could. It was very satisfying to be involved." Lou adds, "Regis ended up working with Agouron (now Pfizer) to get the first AIDS drug approved by the FDA. We did not invent the drug. We helped it get through the FDA and onto the market. People stopped dying. That was one of the most important things I've ever done professionally."

The Glunz' also have been strong supporters of After Supper Visions, which helps guests develop their skills as photographers. At the first photo exhibition Lou and Jean attended (where guests, many of them homeless, proudly stand by their photos and visit with attendees), Lou recalls thinking, "This is such a great idea. The guests are treated with class and dignity." Lou was so impressed that he bought a series of ASV photos, and had them framed and hung throughout Regis Technologies.



Jean Glunz (second from left) enjoys serving at a Tuesday Night Supper with her daughters Mary Ann, Megan, and Jeanie, and her grandson Ross Sullivan.

Lou Glunz has been giving of himself to Catholic Charities since 1976.

Lou was elected to the Board of Advisors in September, 1976. He was assigned to the Family and Parish Support Division under Fr. Charles Rubey. He became Chairman of the Long-Range Planning subcommittee, and retained Barbara Shomaker of Accord Limited, who was a specialist in long-range planning for family businesses. Under Barbara's leadership, with all of the Division Managers, the first detailed Strategic Plan for Catholic Charities was created. It was a three-year plan that could be updated every year.

Lou worked closely with Catholic Charities Presidents Bishop Edwin Conway, then Monsignor Michael Boland. He served as Vice-President/Vice-Chairman of the Board of Advisors from 2000-2004,



Louis Glunz IV stands with After Supper Visions photos displayed in the offices of Regis Technologies, Inc.

is Family Advocate For An Inspiring Christmas Idea

Lou explains, "Now, these photos are seen at Regis by our clients, who come from all over the world. They are amazed at the quality of the photos, and the talent of the photographers who took them."

Lou and Jean's dedication to Catholic Charities did not go unnoticed by their children. Lou's son, Louis IV, joined his father on Catholic Charities Board of Advisors. Louis IV also warmly describes how he and his siblings found a creative way of their own to give back to Catholic Charities. He says, "About ten years ago, at Christmas, my five siblings and I decided that our parents did not need more stuff. That year, and each year since then, our gift to our parents has been the donation of a sponsorship for a Tuesday Night Supper at Catholic Charities. We all come and serve the guests on the night that we are sponsoring the meal. It is a good time for three generations to work together to volunteer. Afterwards, we go out for a fun family dinner together."

Louis' parents loved the idea. Louis III says, "When

"Our (Christmas) gift to our parents has been the donation of a sponsorship for a Tuesday Night Supper..." Louis Glunz IV

they first told us about it, we thought it was a great gift idea. We have so much fun each year when we serve the meal together."

Lou's daughter, Mary Anne Glunz Martin agrees, saying, "We, as a family, have been blessed to be able to support Catholic Charities for many years both through fundraising and on-the-ground volunteering. We have grown closer as a family due to our involvement with Catholic Charities, and for that we are very grateful."

Catholic Charities administrators are profoundly grateful for Lou's ongoing commitment to helping fulfill the mission of the agency. Marie Jochum, Director of Board Relations and Mission Engagement says, "Lou embodies what it means to be a Board Member. He is always advocating for Catholic

Charities, our clients, and staff. He brings his expertise and his heart to the table mentoring many younger Board Members. Catholic Charities is a better place because of Lou!"

Ellen Gorney, retired Catholic Charities executive and current Board Member, echoes similar sentiments about Lou. She says, "Lou has been a friend and collaborator to many at Catholic Charities. He has an intelligent, very persuasive approach to other Board Members, imbuing them with enthusiasm for the task at hand. He was a gift in my career at Catholic Charities, and he still is a gift to the agency today."

The Glunz family generosity also extends beyond Lou & Jean's immediate clan. Soon after Lou began his involvement with Catholic Charities, he approached his brother, Joseph Glunz, who is President of Louis Glunz Wines, Inc. the wine and beer distribution business started by their father in 1888. As Lou explains, "I encouraged my brother Joe to get more involved in helping Catholic Charities. I told him, 'It's an honor, Joe,' just like Clem Berghoff told me."

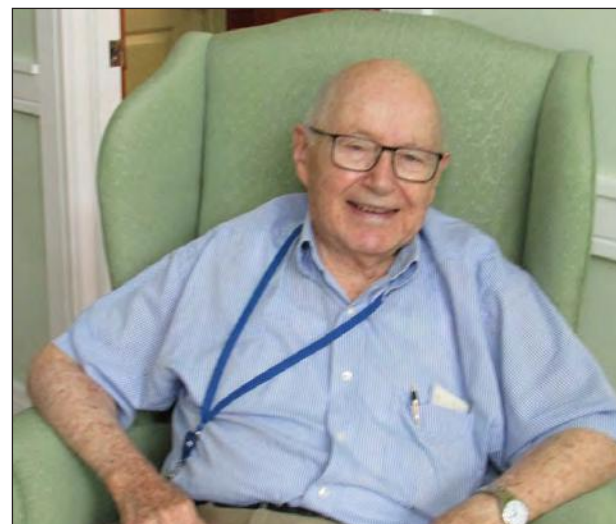
Soon, Joseph Glunz and his wife, Helen became enthusiastic supporters. Among many contributions, they and their children helped create a wine-tasting fundraiser called D'Vine Affair, and this hugely popular event has become a highlight on the Catholic Charities calendar for the past twenty years.

Lou and Jean Glunz were married for fifty-five years before Jean passed away in August, 2015. Today, Lou continues to be very active on the Board of Advisors and he and his family look forward to the next time they will serve together at a Tuesday Night Supper. When asked what he would say to other corporate leaders who were considering getting more involved at Catholic Charities, Lou says, "Come over and see what we are doing. Anyone who comes to Catholic Charities for help is treated with such professionalism. The staff is so dedicated. They treat people in a wonderful way. We have been so proud to be associated with Catholic Charities all of these years. It's really something."

For information on sponsoring a Tuesday Night Supper, contact: Emily Lewis at 312-655-7503; elewis@catholiccharities.net. Also see: aftersupervisions.com.



Lou and Jean Glunz, with their six children at the Catholic Charities 2014 Harvest of Hope Dinner at which Jean was presented with the Heart of Charity Award.



Dr. Louis Glunz III



Lou Glunz and family members, pictured after serving at a Tuesday Night Supper along with Fr. Wayne Watts (right), Associate Administrator for Catholic Charities.

Our Annual Benefits Review Continues:

Federal, State and Local Resources

Please note: Due to COVID-19, there may be delays as you reach out to these websites, phone numbers and email addresses for information. Your friends and family also can be great sources of good information on senior benefits within your own community.

FINANCIAL BENEFITS

SOCIAL SECURITY

Overview: Social Security is a monthly payment (“benefit”) available to retired and disabled workers and their dependents and survivors. The amount of your benefits is determined by a formula based on your lifetime earnings, or credits, up until the year before retirement. Social Security is part of the retirement plan of ninety-six percent of American workers.

DUE TO COVID-19, all Illinois local Social Security offices have been closed to the public since March 20, 2020, to protect the SSA staff and the older Americans and people with underlying medical conditions who are served by Social Security.

Recorded information and services are available 24 hours a day. Visit Social Security’s website for very “user-friendly” and easy-to-understand calculators that will help you see what your benefits can be. **VISIT: www.ssa.gov or CALL: (800) 772-1213; for deaf or hard of hearing: TTY (800) 325-0778.**

How do you qualify for retirement benefits? When you work and pay Social Security taxes, you earn “credits” toward Social Security benefits. The number of credits you need to get retirement benefits depends on when you were born. If you were born in 1929 or later, you need 40 credits (10 years of work).

How much will your retirement benefit be? Your benefit payment is based on how much you earned during your working career. Your benefit amount is also affected by your age at the time you start receiving benefits. If there were some years you didn’t work or had low earnings, your benefit may be lower than if you had worked steadily. If you start your retirement benefits at age 62, which is the earliest possible age, your benefit will be lower than if you wait until you reach your Full Retirement Age (FRA).

Full Retirement Age: If you were born in 1953 or earlier, you’re already eligible for your full Social Security benefit. To find your FRA, see the chart below and check with Social Security.

Age To Receive Full Social Security Benefits	YOB	Full Retirement Age
Before 1943		65
1943-1954		66
1955		66 and 2 months
1956		66 and 4 months
1957		66 and 6 months
1958		66 and 8 months
1959		66 and 10 months
1960 and later		67

Note: People born on January 1 of any year, refer to the previous year.

Disability Benefits: If you are unable to continue working because of poor health and you are under your Full Retirement Age, you should consider applying for Social Security disability benefits. The disability benefit is the same as a full, unreduced retirement benefit. If you are receiving Social Security disability benefits when you reach full retirement age, they will be converted into retirement benefits.

Delayed Retirement: If you choose to keep working beyond your Full Retirement Age, you can increase your future Social Security benefits in two ways: 1) Each extra year you work adds another year of earnings to your Social Security records, and higher lifetime earnings can mean higher benefits when you retire; and 2) Your benefits will increase a certain percentage from the time you reach your FRA until you start receiving benefits, or until you reach the age of 70.

Deciding When To Retire: Choosing when to retire is an important and personal decision. No matter the age you retire, contact Social Security in advance to learn your choices and make the best decision. Sometimes, your choice of a retirement month could mean higher benefit payments for you and your family.

Social Security benefits are also available to Widows and Widowers, Spouses, Dependent Children, and Divorced Spouses. Contact Social Security Administration for details on each of these separate benefit categories.

MEDICAL BENEFITS

MEDICARE

Overview: Medicare is health insurance for persons 65 or older and for younger people with certain disabilities or permanent kidney failure. Note: You should sign up for Medicare three months before your 65th birthday, even if you haven’t retired yet. In some circumstances, medical insurance costs more if you delay applying for Medicare. You can apply for Medicare-only without claiming your retirement benefit. The application can be done online at www.socialsecurity.gov.

The open enrollment period for Medicare health and Prescription Drug Plans is October 15 through December 7, 2020 for plans starting January 1, 2021.

The publication, “Medicare and You” from the Centers for Medicare and Medicaid Services gives good descriptions of all the various options available to Medicare participants. **CALL: (800) MEDICARE (633-4227) or VISIT: www.medicare.gov.** For those who are hard of hearing or speech impaired, call: 1-877-486-2048.

Most people choose one of two “paths” for Medicare:

PATH #1: Original Medicare Plan
The Original Medicare Plan is available nationwide and pays for many healthcare services and supplies, but it doesn’t pay all of your health care costs. The Original Medicare Plan includes Part A (Hospital Insurance) and Part B (Medical Insurance). You can have Part A and/or B; most people have both.

PART A: Part A (Hospital Insurance) helps cover inpatient care in hospitals, skilled nursing facility care, hospice care, and home health care.

PART B: Part B (Medical Insurance) helps cover services from doctors and other health care providers, outpatient care, home health care, durable medical equipment, and many preventative services. Each year the standard premium for Part B varies slightly for most people. Individuals with higher incomes will pay a higher monthly Part B premium. With Part B there is a deductible that you

must pay before Medicare will pay its share (usually 80%) for covered health services.

GAPS: Even after you pay your deductibles, Medicare may not pay for all your medical costs like co-insurance, co-payments, and other deductibles. These costs are called “gaps” in Medicare coverage. If you have Original Medicare you might want to consider buying a “Medigap” policy to cover these gaps in Medicare coverage (see MEDIGAP below).

PATH #2: Medicare Advantage Plans (Part C) Medicare Advantage Plans, also called Part C, combines Part A and Part B services and are available in many areas. Medicare Advantage Plans are provided by private insurance companies approved by Medicare, including Medicare Health Maintenance Organization (HMO) Plans, Medicare Preferred Provider Organization Plans (PPO), Medicare Private Fee-for-Service Plans, and Medicare Special Needs Plans. Most include Prescription Drug Coverage (Part D). The “advantage” here is that these plans may give you more choices, extra benefits, and lower costs.

OPTIONAL: Medicare Part D
Prescription Benefits: Medicare Part D addresses prescription drug benefits and is optional. Medicare beneficiaries can choose a Prescription Drug Plan (PDP) if coverage of drugs is not included in their Part C plan or provided through an employer health plan. Part D plans have their own premiums and deductibles. With the “fall open enrollment” for Part D plans coming up (October 15 through December 7), there will be a lot of information coming to seniors about Part D. During this period, individuals can enroll for the first time or they can switch to a more suitable plan. There is great variety among the PDP plans, so don’t hesitate to get assistance in choosing the right plan for you. The Medicare website has a tool called a “plan finder” that helps seniors determine which particular plan is a good fit.

There is also a Medicare Prescription Drug Program, and you may be able to get “Extra Help” to pay the monthly premiums, annual deductibles, and co-payments. **For more information, call 1-800-MEDICARE**

(TTY 1-877-486-2048) or visit www.medicare.gov.

MEDIGAP (Medicare Supplement Insurance Policy)

A Medigap policy is a health insurance policy sold by private insurance companies to fill the “gaps” in the Original Medicare Plan. Medigap policies help pay some of the health care costs that the Original Medicare Plan doesn’t cover. Medigap policies are standardized so you can compare them easily. It’s important to compare Medigap policies because costs can vary. **VISIT: 1-800-medicap.com.**

HELP WITH MEDICARE CHOICES

There are many services that help seniors choose the best Medicare option for them. In addition to contacting Medicare (800-633-4227), you can contact:

The Senior Health Insurance Program (SHIP), a FREE statewide insurance counseling service for Medicare beneficiaries and their caregivers provided by the State of Illinois Department of Aging. **CALL: (800) 252-8966 or VISIT: <https://www2.illinois.gov>.**

Medicare Interactive: CALL: (800)-333-4114 or VISIT: www.medicareinteractive.org.

AARP: CALL: (888) 687-2277 or VISIT: www.aarp.org.

SUPPLEMENTAL SECURITY INCOME (SSI)

Overview: SSI is a federal income supplement program that pays benefits to disabled adults and children who have limited income and resources. SSI benefits also are payable to people 65 and older without disabilities who meet the financial limits. This amount can vary depending on the state you live in, your living situation, and other income in your household. If you qualify for SSI, you likely also qualify for Medicaid, a form of health insurance for persons with low income. **CALL: (800) 772-1213 or VISIT: www.ssa.gov/benefits.**

ILLINOIS MEDICAID HEALTHCARE AND FAMILY SERVICES (HFS) MEDICAL BENEFITS

Medicaid/HFS is a government-funded program that pays for medically necessary services (including hospital care, nursing facility care, therapies, dental, and eye care), supplies, and medicines for persons

with low income and few financial resources. Persons who are disabled, blind, or 65 years of age and older may qualify. **CALL: (800) 843-6154 or VISIT: www.hfs.illinois.gov.**

AID TO THE AGED, BLIND AND DISABLED (AABD)

This program by the Illinois Department of Human Services provides income support to persons who are age 65 or older, blind, or disabled. You must be an Illinois resident and meet other eligibility criteria to receive cash and medical assistance, including having low income. If you receive an AABD payment, you can also receive Medicaid. **CALL: (800) 843-6154 or VISIT: www.dhs.state.il.us.**

SENIOR CITIZEN SEWER SERVICE CHARGE EXEMPTION

The City of Chicago Department of Water Management offers seniors a savings on their water bills by exempting the sewer portion of the water bill. In order to qualify for the exemption, you must be at least 65 years of age, be the owner of the residential unit for which exemption is being sought, and occupy the property as your principal place of residence.

You must also have a separate water meter or an assessed account for that residence, and the account must be in good standing and not delinquent. Seniors who reside in their own residence but do not qualify for the Senior Citizen Sewer Exemption because their residence is a townhouse, condominium unit, or cooperative apartment that does not have a separate metered water service may apply for a refund in lieu of exemption. Applications for this refund are made through your Aldermanic office. For information, **CALL: (312) 744-4426 or for the application VISIT: www.chicago.gov/SeniorSewerExemption.**

LOW INCOME HOME ENERGY ASSISTANCE (LIHEAP)

This program provides one-time financial assistance with energy bills for persons with low income. Apply early for LIHEAP funds, which tend to run out quickly. If you think you may qualify for LIHEAP, **call today: 217-785-2533. or reach out by email to: communityassist@illinois.gov or visit: liheapillinois.com.**

ILLINOIS HOME WEATHERIZATION ASSISTANCE PROGRAM (IHWAP)

This program assists low-income residents in making their dwellings more energy efficient by helping to pay for repairs, insulation, and maintenance of heating systems. Funded services include air sealing, attic and wall insulation, furnace repair and replacement, and electric base load reduction. To be eligible, household income must be at or below 150% of the federal poverty level using State and HHS funds, and 200% of the federal poverty level using DOE funding. Contact your local Community Action Agency (CAA) to apply. **Call (217) 785-2533 or email communityassist@illinois.gov. or visit: www.illinoisweatherization.com.**

FOOD & NUTRITION

SENIOR FOOD AND NUTRITION PROGRAM (SFNP)

U.S. Department of Agriculture (USDA) supplemental food and nutrition program administered by the Illinois Department of Human Services (IDHS) for low-income Chicago residents who are 60 years and older, providing monthly food packages and nutrition education. **Call 773-523-5758, or Catholic Charities Senior Services Division (Pg.1) can provide you with a list of SFNP Food Distribution Sites in Illinois.**

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM SNAP (SNAP)

The Supplemental Nutrition Assistance Program (SNAP, formerly Food Stamps) is administered by the Illinois Department of Human Services (IDHS) and provides cash assistance (in the form of the Illinois LINK debit card) to low-income individuals and families to buy approved food items. **CALL: (800) 843-6154 or VISIT: www.dhs.state.il.us.**

TRANSPORTATION

REGIONAL TRANSIT AUTHORITY

For information on accessible transportation routes, **CALL: (312) 836-7000.** Free or reduced fares for seniors and persons with disabilities are available on CTA and PACE transportation services (excluding Paratransit). You must apply in person or by mail. **CALL: (312) 913-3110 or to download an application, VISIT: www.rtachicago.com.**

PARATRANSIT

The RTA offers special travel options for persons who cannot ride public transportation due to disabilities. “Paratransit” is provided by specific carriers depending on your geographic area. These carriers can pick up a disabled person at their home, bring them to a destination, and make the return trip. **CALL: (312) 663-4357; for deaf or hard of hearing: TTY (312) 913-3122.**

TAXI ACCESS PROGRAM

The Taxi Access Program only operates in Chicago (though it is administered by PACE). Riders receive a TAP card; riders pay only \$3 for one-way taxi rides worth up to \$20 per ride. **CALL: (800) 606-1282, choose “4” when prompted, or VISIT: www.pacebus.com.**

VETERANS SERVICES (IN ADDITION TO THOSE PROVIDED BY CATHOLIC CHARITIES):

VETERANS RIGHTS BUREAU

The Veterans Rights Bureau ensures that veterans receive the benefits they have earned. They also publish a free, annual guide to veterans’ rights that they will mail to you. **CALL: (800) 382-3000 or VISIT: www.illinoisattorneygeneral.gov/rights/veterans.html.**

ILLINOIS DEPARTMENT OF VETERANS AFFAIRS

The Illinois Department of Veterans Affairs helps veterans and their families understand federal, state, and local resources and benefits available to them. **CALL IN CHICAGO: (312) 814-2460, ILLINOIS: (800) 437-9824, or VISIT: www.2.illinois.gov/veterans.**

ADDITIONAL SOURCES OF INFORMATION:

Illinois Department on Aging: 800-252-8966; TTY: 888-206-1327; www.illinois.gov/aging.

Illinois Department of Public Health: www/dph.illinois.gov.

Chicago.gov/seniors.

Ageguide.org – Virtual tours and more.

HealthyAging.net.

SeniorLiving.org - Includes an ongoing, updated list of the best websites for seniors to follow.

READERS' CORNER

From Marion Marten:

"I thought you might enjoy some old news of Chicago. I truly look forward to getting my Keenager even though I live in Michigan now. I am 92 years old and with being shut in my condo with a lot of time, I am cleaning out boxes that haven't been opened in a long time. My husband passed three years ago. He was born in Cicero. We met through his sister. I was born in Chicago and moved to Elmhurst in 1942. We were married in 1947 and if he had lived two weeks longer we would have been married 70 years. You are very important to us seniors. Enjoy a nice day!"



Editor's Note: Included with Marion's note was this Chicago Sun-Times cover page for the printing of Mayor Richard J. Daley's 1962 Annual Report. The report is entitled, "Chicago Observes 125 Years Of Progress: 1837-1962." It had been 125 years since Chicago had been incorporated as a city. In the report, Mayor Daley says, "The people of every generation of this city of "I Will" have met every challenge that has confronted them. Today, Chicago is one of the great cities of the world."

This STILL is true, in 2020!

Editor's Note: The St. Jude Novena has been a favorite over many years for Keenager readers. In honor of the Feast Day of Our Lady Of The Rosary (October 7), below is a similar prayer. It is suggested that this prayer be said for three days, and some have seen their request granted within three days after that.

From Patricia Weitz

Prayer To The Blessed Virgin Mary

Oh, most beautiful flower of Mount Carmel, fruitful vine is the Splendor of Heaven,
Blessed Mother of the Son of God, Immaculate Virgin,
Assist me in my necessity. O Star of the Sea, help me and show herein.

You are my Mother, Oh, Holy Mary, Mother of God,
Queen of Heaven and Earth,
I humbly beseech you, from the bottom of my heart,
succor me in my necessity:
(Make Request)

There are none that can withstand your power.
Oh, show me herein that you are my Mother.

Oh Mary, conceived without sin, pray for us who have recourse to Thee. (Say three times.)

Oh, Holy Mary, I place this cause in your hands. (Say three times.)

Sweet Mother, I place this cause in your hands. Thank you for your mercy to me and mine. Amen.



Autumn Treasure Hunt!



Busy tidying up your home?

You may find a few treasures! Like that watch (missing since 1986!) buried in the bottom of a closet! And while digging through that old metal file box you uncover great old photos and something else... **SAVINGS BONDS?**

Wow. Treasure found! But you think "How do I cash them in? Do I pay taxes?"

Consider this: You can turn this unexpected blessing into a donation to Catholic Charities and help people in need. You may receive tax benefits, too.

Need to learn more?

Please contact me and I can help answer your questions about how you can do God's work with savings bonds or perhaps other "treasures" like art or collectibles. Also, if you're organizing your finances, I can offer you helpful estate planning information. A gift in a will is a wonderful way to help Catholic Charities take care of those less fortunate. Thank you for thinking of others!

Margaret Hughes,
Director of Individual & Planned Giving
(312) 655-7012 or
mhughes@catholiccharities.net

From The Recipe Box

Homemade Pumpkin Bread

From: A 1990 Keenager Reader

- | | |
|------------------------|----------------------|
| 1 cup granulated sugar | 1/4 tsp. ginger |
| 1/2 tsp. salt | 2 eggs, unbeaten |
| 1/2 cup brown sugar | 1 cup raisins |
| 1/2 tsp. nutmeg | 2 cups sifted flour |
| 1 cup cooked pumpkin | 3/4 cup chopped nuts |
| 1 tsp. cinnamon | 1 tsp. baking soda |
| 1/2 cup vegetable oil | 1/4 cup water |

PREPARATION

Preheat oven to 350 degrees. Grease and flour a loaf-sized pan. Sift together flour, soda, salt and spices. Set aside. Combine sugar, pumpkin, oil and eggs. Beat until well-blended. Stir in raisins, nuts and water. Add the dry ingredients, a third at a time, and mix well. Pour into prepared pan. Bake 65 -75 minutes, or until a toothpick inserted into center comes out clean. Turn the bread onto a rack to cool.

Optional and delicious: Thaw a can of frozen orange juice. While pumpkin bread is still hot from the oven, prick the top of the bread with a fork and spread 2 tbsps. undiluted orange juice concentrate over the top of the loaf. This recipe doubles easily and freezes well.

Impossibly Easy Bacon Pie

From: BettyCrocker.com.

- | | |
|--|---------------------------|
| 12 slices bacon, crisply cooked and crumbled | 1/2 cup Original Bisquick |
| 1 cup (4 oz.) shredded Swiss cheese | 1 cup milk |
| 1/3 cup chopped onion | 1/8 tsp. pepper |
| | 2 eggs |

PREPARATION

Heat oven to 400 degrees. Grease 9-inch pie plate. Sprinkle bacon, cheese, and onion in pie plate. Beat remaining ingredients together until well-blended. Pour into pie plate. Bake 35-40 minutes or until knife inserted in center comes out clean. Let stand 5 minutes before serving.

There is also a terrific "Impossibly Easy Spinach & Feta Pie" variation of this recipe, at bettycrocker.com.

Share your Recipe with Keenagers

Submit recipes to: The Recipe Box

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ARCHDIOCESE OF CHICAGO

CATHOLIC CEMETERIES



ARTIFICIAL DECORATIONS



AA – POTTED POINSETTIA FOR GARDEN CRYPTS AND NICHES (not recommended for graves)

A – POTTED POINSETTIA WITH STAND FOR GRAVES

B – WREATH WITH BERRY CLUSTERS W/STAND FOR GRAVES

For your convenience you can place your decorations order on line by visiting www.cemdecorations.org

If you wish to place the decorations yourself, you may purchase them at the cemetery office beginning November 1st.

AA \$25.00 A \$35.00 B \$30.00

For more information call the cemetery office or 708-236-5480.

To place an order complete the form below and mail it with your check or money order made payable to: CATHOLIC CEMETERIES Decoration Program P.O. Box 879 Hillside, IL 60162-2197

THIS FORM MAY BE DUPLICATED FOR ADDITIONAL ORDERS

AA – Placed by the Catholic Cemeteries **\$30.00**

A – Placed by the Catholic Cemeteries **\$40.00**

B – Placed by the Catholic Cemeteries **\$35.00**

NAME OF DECEASED _____

CEMETERY _____

GRAVE _____ LOT _____ BLOCK _____ SECTION _____

CRYPT _____ TIER _____ BUILDING _____ LOCATION _____

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

E-MAIL ADDRESS _____

PHONE _____ TOTAL \$ _____

KA-WDE8



Rose's WORD SEARCH

Answers are found
FORWARD, BACKWARD, UP,
DOWN, and DIAGONAL.

P E U T W J G D T E T W I S T T N W U N
 W E X K L W Z U L I U M H M H B A C S O
 M Z T X M X Z F U N L A T U T P Y N K I
 R A F S A O L A O I H C A E B W G S G T
 M L N E X A O T H Q P A R R Q F S H R O
 M U H I M E S N A Q P R G G J S J W F M
 F I Y E H E I A W X O E E J B U R K D O
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 Q Q B W S Q O P G R L X U M H L A J L Q
 N Y J S A K M K F O X T R O T R Y N N Y

Let's Dance

- CHACHA
- CHARLESTON
- FLAMENCO
- FOXTROT
- GRAPEVINE
- HUSTLE
- JITTERBUG
- JIVE
- LOCOMOTION
- MACARENA
- MAMBO
- MOONWALK
- RHUMBA
- SALSA
- STEP
- TANGO
- TWIST
- WALTZ
- WATUSI
- WORM

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Rose's WORD SEARCH

Answers are found FORWARD, BACKWARD, UP, DOWN, and DIAGONAL.

I S C Y W S K R E C J U Y N Z K V O P R
 I N B A F H D G O H B Q Z F H D V Y T N
 I I Q I N S O A N N M W F J Y O N S E O
 S C U J V D P P E P D D J P A Q R B S A
 N K O X A A Y S P H Y C T J Q U B Z M K
 D E U W Y N M C C E R V J S B W K Q L O
 X R C D Q A B R O L R I S R I L X S K E
 T S A C R E U Q Z R H S A E F X F E A O
 G Y B T O G T U R C N T E L D B N S A C
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 F E G Y Y B E U T C W L M Z A X V I T P
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 R I W L W C F D T R K Z I W S D N U O M
 F W O L Z K I D Y K J T T T D U S A R S
 P T S P O N N R H H Q F I G J V I W E K
 F H P B F E G J T X B Z G K N Z Y Q E S
 T O O T S I E X O J D Y T S T R D S S X
 H K Z N H L R H J L H W F G T E C B E N
 L E M O N H E A D D O T S G Q M L A S T
 S E L T T I K S M B A U G C K V S H M W

Halloween Candy Faves

- AIRHEADS
- BUTTERFINGER
- CANDYCORN
- (NESTLE) CRUNCH
- DOTS
- (HERSHEY) KISSES
- KITKAT
- LEMONHEAD
- MOUNDS
- NECCO (Wafers)
- PAYDAY
- REESE'S (Peanut Butter Cup)
- ROLO
- SKITTLES
- SMARTIES
- SNICKERS
- STARBURST
- TOOTSIE (Roll)
- TWIX
- TWIZZLERS
- WHOPPERS

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Humor & Nostalgia



Fall Funnies

What did the tree say to autumn? Leaf me alone.

What did one autumn leaf say to another? I'm falling for you.

Why do the Boston Red Sox fans love autumn? Because watching the leaves fall reminds them of the Yankees.

Why are trees very forgiving? Because in the fall they "Let It Go" and in the spring they "Turn over a new leaf."

What is the cutest season? Awwtumn..

What's the ratio of a pumpkin's circumference to its diameter? Pumpkin Pi!

What do you call a large colorful pile of leaves? The Great Barrier Leaf.

Did you hear about the tree that had to take time off of work in autumn? It was on paid leaf.

What do you give a pumpkin who is trying to quit smoking? A pumpkin patch!

How do leaves get from place to place? With autumn-mobiles.

What is a tree's least favorite month? Sep-timber!

What do you get when you drop a pumpkin? Squash.

Why did the scarecrow win a Nobel Prize? Because he was out, standing in his field.

Source: <http://www.jokes4us.com/miscellaneousjokes/weatherjokes/falljokes.html>

Please consider a gift to Catholic Charities of the Archdiocese of Chicago in your will or trust.

Just a simple sentence is needed:

"I give the sum of \$ _____ (or all the rest, residue and remainder of my estate) (or _____% thereof) to Catholic Charities of the Archdiocese of Chicago to be expended by it in furtherance of its objects and purposes."

For more information contact

Margaret Hughes, Director of Individual & Planned Giving
(312) 655-7012 or mhughes@catholiccharities.net

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"Mature Youth" Keenager News

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OCTOBER CELEBRATIONS

BIRTHDAYS

HAPPY HUNDREDS

Mae Hodges 100 10/2
Marilyn Liska 100 10/16
Victoria Grzyb 101 10/23

EXTRAORDINARY EIGHTIES

Helene Coletto 10/1
Patricia Burke 10/5
Phillip Dembinski 10/25
Geri Haase 10/30

NIFTY NINETIES

Elizabeth Piltaver 10/2
Sister DePaul Stava 10/19
Mike Coletto 10/19
Joyce Nevils 10/29

ANNIVERSARIES

Pasquale & Dorothy Ciaccio 60 10/1
Ralph & Pat Goraj 56 10/3
Mike & Helene Coletto 60 10/8
Bernard & Alice Betz 62 10/11
Mike & Bernadine Kulaga 68 10/11
Jim & Marylyn Sobun 57 10/12
Fred & Gerry Batliner 64 10/13
Tom & Joan Wisinski 64 10/13
George & Arlene Tistle 59 10/20
Joe & Tina Chlopecki 51 10/25

HAPPY DIAMOND JUBILEE, & 75th ANNIVERSARY:

Sister Mary Imeldis Lubash

BELATED ANNIVERSARIES

Daniel & Annette Lydon 57 9/28
Bertrand & Jenelle Ellis 60 8/28

SUBMISSIONS

Keenager is delighted to help celebrate your special birthday (80, 90, 100 years+) or anniversary (50+). Please mail or phone us your submission eight to 10 weeks in advance. We regret that limited space does not allow us to publish birthdays in-between those decades. Happy Birthday and Happy Anniversary to all Keenagers celebrating their special days this month! We wish you many more!

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