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KEENAGER NEWS

'Young
At Heart'

March
and April
2024

Volume No. 56
Issue No. 02

A Publication of **Catholic Charities** of the Archdiocese of Chicago

Senior Services Shines on a Cold, Winter Day



Catholic Charities' Senior Services is dedicated to advocating for seniors, helping enrich their lives to the fullest extent possible, and a recent cold wave in Chicago brought out the best in team members as they continued to fulfill that mission.

The second weekend in January brought sub-zero temperatures throughout the Windy City and its suburbs. That became a sudden, significant concern before 7:00am on Friday, January 12 as heating concerns arose in three Catholic Charities' Affordable Housing residences. As the first questions were raised, Catholic Charities' Facilities Department immediately responded to ensure that the heat was, indeed working properly, and that the daily routines of our senior residents continued, uninterrupted.

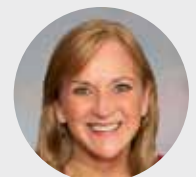
At the Donald W. Kent Residence, a generator was installed to provide continuous heat until the main power source was fully restored. In addition, at Catholic Charities' Frances Manor

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Seniors living in the Donald W. Kent Residence enjoy a gathering with Catholic Charities staff.

Greetings from the Editor

KATIE MCDONNELL BREDEMANN



Happy Spring, Keenager readers! We hope you enjoy this issue that has a recap on the great things happening at Catholic Charities, plus a variety of articles to inform and entertain you. Remember that everyone is Irish on St. Patrick's Day, and if we can assist you, please call (312) 655-7425 or email keenager@catholiccharities.net.

Also, please note that the St. Irenaeus Food Pantry number, listed in the last issue has changed to: (708) 300-2390.

For Catholic Charities, *Katie McDonnell Bredemann*

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SPECIAL DATES

March 2024

Birthstone: **Aquamarine**

Flower: **Daffodil**

- 3/4** Casimir Pulaski Day
- 3/10** Daylight Savings Begins
- 3/17** St. Patrick's Day
- 3/19** St. Joseph's Day
- 3/25** Feast of the Annunciation
- 3/29** Good Friday
- 3/31** Easter Sunday

April 2024

Birthstone: **Diamond**

Flower: **Daisy**

- 4/1** April Fool's Day
- 4/7** Divine Mercy Sunday
- 4/15** Taxes Due
- 4/20** Art of Caring Event
- 4/22** Earth Day
- 4/28** LOSS Blossoms of Hope Brunch

For more news and information about events, visit [catholiccharities.net](https://www.catholiccharities.net).



Students from Loyola Academy, left and DePaul University, right came to help serve a recent Tuesday Night Supper. Their generosity and cheerful smiles were deeply appreciated by Catholic Charities, and our 400 guests.

To learn more about service opportunities for your school, group of friends, or work colleagues, contact volunteer@catholiccharities.net.



Senior Team members Ami Novoryta, Gina Cleggs, and Colleen Kennedy were on hand to greet guests and thank the Gibsons Restaurant Group for providing the 16th Annual Gibsons Catholic Charities Lunch in Oakbrook on January 28. Special thanks to the Lombardo Family and the Gibsons staff for coordinating and serving this sumptuous meal, plus generous gift bags for the 400 attendees.

On a recent edition of **The Voice of Charity**, Kevin Arnold described how this event complements the Gibsons corporate philosophy about radical hospitality. See this video here:

[youtube.com/catholicchicago/voiceofcharity/January 9 2024](https://www.youtube.com/catholicchicago/voiceofcharity/January%209%202024)



The family of Dr. Louis J. Glunz III came to serve guests at the Tuesday Night Supper just three days after he passed away. Read here about how this tribute continued a moving family tradition at Catholic Charities: <https://www.catholiccharities.net/the-family-of-louis-j-glunz-iii-wastes-no-time-carrying-forth-his-legacy-of-generosity-and-service/>

Learn More about Catholic Charities through our Monthly Eblast

Send an email to partners@catholiccharities.net to receive our monthly eblast that includes news and details about upcoming events.

Mission Engagement Offers Opportunities to Give and Receive

BRITTANY MCGHEE

Senior Director,
Mission Engagement



“As each has received a gift, use it to serve one another, as good stewards of God's varied grace...” (1 Peter 4:10).

As St. Peter beautifully reminds us, everyone has something to give and to receive. We witness this each day at Catholic Charities when we receive the transformational gifts of love, gratitude, and divine encounter that those we serve bestow upon us.

As Senior Director of Mission Engagement, I would like to personally invite you to this magnificent exchange of giving and receiving by joining Catholic Charities' mission of mercy. Mission Engagement invites partners to intentionally experience our work through transformative witness and encounter in opportunities of service. We partner with parishes, schools, corporations, Catholic Charities' regional and junior boards, and individual volunteers to provide meaningful opportunities in service and prayer that affirm the dignity of all and address the needs of our neighbors on the margins.

When I first came to Catholic Charities last year, I was amazed and inspired by its scale. Through a comprehensive array of programs, Catholic Charities has the privilege to serve thousands of people each day—adding up to millions of helping connections annually. That is how we've grown to be among the 50 largest human services providers in the country and the largest in our region. As such, Catholic Charities is the cornerstone of the social safety net in Cook and Lake Counties. Our mission, rooted in our Catholic faith

tradition and Jesus' Gospel message to love and serve one another, calls us to care for anyone in need regardless of faith, ethnicity, gender, or citizenship.

With this great mission and scale comes great obligation. Not only must we prepare to serve those we know will come to our doors each day, but when crises arise, we must be ready to step up and do even more. Throughout our 100+ year history, we have cared for the most vulnerable through day-to-day struggles and through every major economic, health, and social crisis of the last century.

Catholic Charities could not do the powerful, life-giving work that it does without our partners. During the pandemic—when our resources were stretched to the max—donors, parishioners, mission board members, and volunteers masked up and stepped up to help meet the overwhelming needs. Today, as greater Chicago has welcomed over 36,000 new migrant arrivals, the love and solidarity of our parish partners and faith community have helped us serve more than 19,000 asylum seekers. Each week, when we serve hot meals to those experiencing hunger in locations across the Archdiocese, it is long-time and new volunteers, young professionals, and parish partners who are preparing and compassionately serving the meals—sitting, speaking, and connecting with our neighbors in mutuality and care. It is volunteers who ensure the smooth operation and personal touch of our food pantries, clothing rooms, diaper program, home-delivered meals, and so much more.

As a relative newcomer to Catholic Charities, I have been in awe of the dedication of our teams. Their diligence in living out our values emboldens our mission to treat all who come to us with respect, dignity, and “courageous compassion.” Through the services provided at Charities, we are truly accompanying people on their journey, walking at their side with intentionality, vulnerability, humility, and authenticity. In this journey shared, we are accountable to one another. We invite partners to our mission—to this accountability to neighbor. In our invitation to serve, we are not merely asking volunteers to stock

food pantry shelves (as critical as that is), but to more deeply understand the economic landscape of our region and to broaden their own understanding of our responsibility to the Gospel and each of our respective small roles in welcoming God's kingdom on earth. Those we partner with in service are as much transformed as the individuals and families they encounter and accompany.

Please consider joining Catholic Charities as a volunteer, a member of one of our regional mission boards or junior board, a partner in prayer, or with your school group or corporate team. We are greatly in need of your gifts—and eager to share the gifts of service with you.

For more information, please contact bmcghee@catholiccharities.net. Many volunteer opportunities can be found at ccofchicagovolunteer.com.



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Archdiocese of Chicago

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Dorothy Day and the Catholic Worker Movement

Words for the Spirit

REVEREND CHARLES T. RUBEY

Associate Administrator,
Founder and Director, LOSS Program



I have read a number of books about Dorothy Day. She lived from 1897-1980 and co-founded the Catholic Worker movement. She began her work in New York, and it spread throughout the world. The movement's main mission was to reach out to the poor and homeless people in society. The homes of the movement were Houses of Hospitality to welcome the people who were rejected by the general members of society. She worked in the urban areas of society, as well as developing rural farms to continue her mission.

Dorothy was an extremely religious person. She went to daily Mass and received Holy Communion each day. She did not preach religion, but she lived religion in caring for people who were generally rejected by society. She had similar values to those of many devoted volunteers at Catholic Charities today.

Dorothy Day's cause for sainthood opened in 2000, and it is currently being considered by the Catholic Church. Her life was an extraordinary example of how Christianity is to be lived. If she is ultimately canonized as a saint, she will probably be the first saint who had an abortion in her younger life. Her early life was lived as a very carefree young woman who had a loose sense of morals, but she had an extraordinary conversion as she matured into adulthood.

As Dorothy was building the Catholic Worker Movement, there were two men in particular who shared her vision and joined in her work of reaching out to the poor. Peter Maurin was a native of France who came to the United States to live. He became interested in the Catholic Worker Movement and spent the rest of his life being the Movement's Guardian Angel. He was a major influence in all of the Houses of Hospitality and, because of him, people who volunteered at the various houses followed Peter's example.

The other man who influenced the Catholic Worker Movement was Ammon Hennacy. He was a very free-spirited person who loved being around the residents at the various Houses of Hospitality. He was a very gentle person who accepted anyone who came for help. He was not a very religious person, but he lived out the message that Jesus lived and preached. He did not pray much, but his life was a prayer in itself. I don't think

he espoused religion, but he lived a life of generous giving to all of the residents of the Catholic Worker Movement.

Dorothy Day left a great legacy and was an example of what a Christian life is all about. One of her most famous quotes is, "God meant things to be much easier than we have made them." Another one of Dorothy Day's quotes is, "The best thing to do with the best things in life is to give them away." I hope she will be canonized soon to give all of us another example of what it means to be a Christian.

To learn more about Dorothy Day, and the Catholic Worker Movement, visit catholicworker.org.

Keep on Keepin' On,

† ST. JUDE NOVENA

May the Sacred Heart of Jesus be adored, glorified, loved, and preserved throughout the world, now and forever. Sacred Heart of Jesus have mercy on us; St. Jude, worker of miracles, pray for us; St. Jude, helper of the hopeless, pray for us.

VKC	LS	DLR	VAF	JLD	JI	REA	LS
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The Novena is a nine day devotion. Say the prayer nine times a day. If you would like to acknowledge your gratitude for its influence in your request, contact Keenager News at (312) 655 7425 and we will include your initials in the publication of this Novena. No payment required.

Jesus' call to be His "Witnesses" is still the same today

As we journey through Lent in 2024, and seek opportunities for almsgiving, prayer, and fasting, the upcoming Gospel readings of Palm Sunday, Holy Week, and Good Friday remind us of the unimaginable loneliness, pain and suffering Jesus endured, to follow His Father's will, and die on the cross for us. With awe, we also share in the joy of Jesus' resurrection, on Easter Sunday, as He conquered death and offered each of us the hope of eternal life with Him.

The Gospel readings that follow in the weeks after Easter Sunday, describing Jesus' appearances to His disciples, His ascension into heaven, and the Acts of Apostles also offer wonderful opportunities for reflection. We do not know exactly how many times Jesus appeared to his disciples before ascending into heaven. As the Gospel of John says, "Jesus did many other signs in the presence of the disciples, which are not written in this book." (John 20:30)

But we do know that when Jesus did appear, He gave His disciples a pathway for life that still exists for all of us today. **Jesus said, "You will be my witnesses in Jerusalem, throughout Judea and Samaria, and to the ends of the earth." Acts 1:8** The Acts of the Apostles go on to describe the incredible unity and selflessness that characterized the Early Church, as the Apostles courageously spread out and built the Christian Church that survives today, more than 2,000 years later:

- "They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers. Awe came upon everyone, and many wonders and signs were done through the Apostles." Acts 1: 42-43

- "The community of believers was of one heart and mind...with great power the apostles bore witness to the resurrection of the Lord Jesus, and great favor was accorded them all." Acts 4:32-33
- "Yet more than ever, believers in the Lord, great numbers of men and women, were added to them." Acts 5:14

Popes, biblical scholars, and theologians through the centuries have said that it was only through Divine Providence that Christianity spread as far and wide as it did, in such a short period of time.

Beyond the conclusion of the four Gospels, and the Acts of the Apostles, we can learn about the Early Church from other sources of Christian history and tradition, including the Ecclesiastical History, written by Eusebius of Caesarea (260-339) who is considered to be the "Father of Church History." With Caesarea being a center of Christianity, despite the brutal Roman persecutions that continued to characterize this era, Eusebius learned many details about the growth of Christianity, from the Apostolic Age through Eusebius' own time, from the learned Pamphilus and many others. With the Ecclesiastical History, Eusebius achieved his goal of documenting key facts in the first three centuries of the Church for the benefit of future generations.

One story passed down through the centuries involved St. John who is believed to be the only one of Jesus' twelve apostles who was alive at the end of the first century. It is said that St. John lived to be approximately 90 years old, and that he was the only disciple of Jesus who was not martyred. In his later years, John lived to in Ephesus, and tradition holds that Christians traveled from great distances to see the last living original Apostle. They wanted to meet him and ask many questions. John always gave the same answer to all of the different questions: "Love one another." Eventually someone asked John why he didn't answer the questions, and John replied, "Because if you love one another, the questions don't matter."



An inspiring message, as we continue to strive to be Christ's witnesses in the world today.

Sources: uscbb.org; New American Bible; coursehero.com; studythechurch.com; wikipediacommons.org

*Wishing you a
Blessed Easter,
from everyone at
Keenager News!*

← CONTINUED FROM PAGE 1

and Bishop Goedert residences, unstable power was monitored throughout the day and normalized by 5:00pm.

During those anxious hours of uncertainty on that cold Friday, Senior Services' staff united in focused support for the residents of these three buildings. Starbucks coffee and hot chocolate were provided to the Donald Kent residents, followed by Subway boxed lunches provided by the Village of Northlake. An additional 80 boxed lunches from Subway were provided to the residents of Frances Manor.

Throughout the day, staff walked all five floors of the Donald Kent Residence, knocking on doors to conduct well-being checks. Games and coffee were provided in the common areas of all three residences while Catholic Charities' Facilities Department worked with Commonwealth Edison to stabilize the heat. Senior Service Coordination team members and Housing staff delivered meals to residents who did not come to the common areas. Well-being checks were also conducted by phone throughout the day. Service Coordination was in constant communication with the Village of Northlake and the Mayor's Office, preparing back-up plans. Catholic Charities' staff contacted PACE to ensure that warm buses would be available, as needed. They also had a block of hotel rooms reserved, just in case.

Staff members also encouraged residents of these three apartment buildings to reach out to loved ones, in the event that the power was not fully restored.

Reflecting on the swift, selfless response of so many caring Catholic Charities staff members who came together in record time and in numerous, compassionate ways that Friday, Angela Bailey, Associate Vice-President, Senior Services said, "There is nothing to regret with a job well done.

Despite the challenges staff may have faced personally, due to the weather, they answered the call and made our senior residents a priority."

Gina Cleggs, Senior Vice-President, Senior Services added, "The Seniors and Housing Team did an exemplary job of taking care of our residents who are most vulnerable during times of frigid temperatures. They worked nonstop to ensure that our residents were cared for. It is indeed a blessing and an honor to lead such an incredible team. This is what they do every day."

Catholic Charities Drop-In Senior Centers

Experience the wide range of weekday activities offered that promote health aging. Health education sessions, educational and exercise classes, card and board games, dance lessons, holiday celebrations and more await you. Some classes are offered virtually for those who are homebound. Learn more today!

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DePaul University: A Valued Community Partner

Chicago History

MARY ELLEN KASTENHOLZ

Volunteer Writer



Among the many colleges and universities in Chicago and its suburbs, DePaul University has a long and distinguished history of educational excellence and community involvement. For many years, this has included efforts by the administration and faculty to increase awareness about the work of Catholic Charities in Chicago, and invite students to get involved, through DePaul's Campus Ministry and other campus programs. This practice continues today, with various groups of DePaul students routinely coming to serve at the Tuesday Night Supper.

How did DePaul become a Midwest leader in higher education? DePaul University, originally named St. Vincent's College, was founded by the Vincentians, followers of St. Vincent DePaul. The University was originated in 1898 in the Lincoln Park neighborhood to serve Roman Catholic children of immigrants. Enrollment began with 70 students. Sports teams formed quickly in the early 1900's with the letter "D" on the uniforms for D-Men, transitioning into Demons! Blue is the school color to represent loyalty. From its humble beginnings, it is now the largest Catholic University in the United States.

When Archbishop Quigley Seminary and Jesuit St. Ignatius College (now Loyola University) moved into the northside, the Vincentians responded by rechartering their school to De Paul University in 1907. They began admitting women in 1911, one of the first Catholic universities to admit female students in a co-educational setting, conferring degrees upon the first women graduates in 1912. The University founded the School of Music and the College of Commerce as well, creating one of the oldest business schools in the country.



St. Vincent DePaul University Student Center

Source: [wikipediacommons.org](https://commons.wikimedia.org/wiki/File:St_Vincent_DePaul_University_Student_Center.jpg)

Courses in the Chicago Loop became available in 1914, creating a secondary campus. The Illinois College of Law completed its affiliation process with DePaul in 1915, creating DePaul University College of Law and enrolling more than 1,100 students. The University's growth continued even with financial instability during the 1920's. Accreditation by the North Central Association of Colleges came in 1926. By 1930, more than 5,000 students were enrolled in eight colleges on both campuses.

The Great Depression brought significant setbacks in enrollment and finances, ending the football team era. The Department of Elementary Education was created in 1938 making it the only program in the Midwest and one of six in the U.S., and a win for DePaul.

During WWI and II, DePaul converted the College Theater into Army barracks and became a U.S. Army Reserve Officer Training Corps unit. Free training courses were offered in industry work while the GI Bill paid the veterans' tuition, bringing an increase in finances and enrollment and raising the number of students to 11,000 by 1948.

Basketball became a much-followed sport when Ray Meyer became head coach in 1942. Before retiring in 1984, he led the team to win the 1945 NIT championship, obtaining many awards and induction into the Memorial Basketball Hall of Fame in 1979.

In 1955, the Frank Lewis Foundation gifted the 18 story Kimball building at 25 East Jackson

Boulevard to DePaul. Renamed the Lewis Center, it became the center of the Loop campus and now is joined by the DePaul Center at 1 East Jackson. During the 1960's, DePaul created diverse student organizations to increase enrollment among minority and ethnic students. In the early 1970's, the School for New Learning became one of the first programs for adult learners. Expansion in computer and fine arts courses followed in the 1980's.

Cardinal Bernadin dedicated the Lincoln Park Campus Library in 1992 as its first free standing university library. Expansion continued with the acquisition of the Blackstone Theater and creation of the Ray Meyer Fitness and Recreation Center in 1999. In 2012, DePaul agreed to assist Gordon Tech High School, transitioning it to DePaul College Prep in 2014. Wintrust Arena became the new home court for DePaul in 2017.

True to its Vincentian mission, De Paul University looks for opportunities to serve the community as well as students. Brittany McGhee, Senior Director of Mission Engagement at Catholic Charities, praises these efforts, saying, "DePaul has been a passionate and dedicated partner in serving our neighbors seeking hospitality, warmth, and kindness through our weekly Supper Program. Through their encounter with our guests, DePaul students join many others in transforming St. Vincent Center at 721 N LaSalle into a vibrant community of individuals walking alongside one another on our various journeys."

Partners in Mission, Partners in Giving, and Partners in Prayer Continue to Make A Difference

Catholic Charities' partnerships with mission-driven people across Cook and Lake counties continue to provide stories of extraordinary teamwork and selfless generosity in support of Catholic Charities and the people we serve.

Parishes, schools, individuals, families, and groups of friends and colleagues continue to give of themselves to help further the mission, often making new friendships along the way. Catholic Charities is deeply grateful to you all!

Below are just a few of the recent projects that thousands of generous volunteers have participated in:

- Numerous **collections of cold-weather garments**, and many hours delivering and helping sort items in the regional Food Pantries/Clothing Rooms
- **Community Suppers and Congregate Meal Programs** have been grateful for the help of many smiling, hard-working servers and greeters
- **Thousands of Hygiene and Toiletry Kits** have been lovingly packaged and delivered to regional offices, for distribution to guests who come to Catholic Charities for a hot meal
- **Diaper Drives** are collecting diapers, wipes and formula to support the Diaper Depots in Cook and Lake counties
- **New and used computers and bicycles** are being collected and delivered in support of our Veterans Employment Program
- The Domestic Violence Awareness Committees of several parishes sponsored a presentation on **"Healthy and Safe Teen Relationships,"** in conjunction with Catholic Charities' Domestic Violence Services and the Domestic Violence Outreach Ministry at the Archdiocese of Chicago
- **Celebration of Giving in Cook and Lake counties** brought tens of thousands of toy donations, financial contributions, and volunteer hours sorting and distributing gifts, to provide holiday cheer to more than 15,000 individuals
- **Turkey Drives** generated funds to provide Thanksgiving Meal boxes, with all of the fixings, so families in need could properly celebrate that holiday
- Volunteers who love the outdoors are **tending the gardens** in our regional offices throughout the year, so they can grow fruits and vegetables to enrich our Food Pantries and Community Suppers

Catholic Charities also extends deepest thanks to all corporate friends and individual benefactors who contributed financially to our 2023 End of Year Appeal, and to everyone who attended fundraising events in recent months that support our programs and services.

Many partners submit Prayer Requests, for their families and friends and people in need. We continue to bring these intentions to the St. Louise De Marillac Chapel at 721 North LaSalle Street. Like you, we believe in the power of prayer that sustains all of the work we do together.

Our list of Thank Yous also would not be complete without expressing gratitude to the pastors, ministry leaders, and bulletin editors from parishes across all six Vicariates in the Archdiocese of Chicago who go to great lengths to create greater awareness of the work of Catholic Charities and collaborate with us on the local level to assist neighbors in need.

See Page 9 for photos of just a few ways that partners are getting involved at Catholic Charities.

Kathy Rush, a humble volunteer from St. Luke/St. Bernadine Parish expressed sentiments similar to those of many others. Kathy said, "As a Catholic Christian, I have an obligation to help. Mother Teresa is my idol and I try to follow her rule to, 'Do small things with great love.'" Thank you, Kathy, and thank you to all who inspire everyone at Catholic Charities with your Christian kindness!

For more information, email partners@catholiccharities.net.

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Catholic Charities Partners in Action



Job Fairs at St. Sabina Launch 1,000 New Careers

Nearly 1,000 new careers were launched in 2023, due to the joint efforts of Catholic Charities and the Employment Resource Center at St. Sabina Parish. According to Fitzgerald Craan, Director of Catholic Charities' St. Sabina Regional Office, twenty-two Job Fairs were held on the campus last year, and more than 3,200 attendees came in search of new employment opportunities. Beyond inviting employers to come to the Job Fairs, and publicizing these hiring opportunities in the community, Fitzgerald and his colleagues in the parish go to great lengths to help candidates prepare for the Fairs, to increase their chances for success.

As Fitzgerald describes, "Lisa Ramsey, the Executive Director of the St. Sabina Employment Resource Center, and her team reach out to employers, let them know about an upcoming Job Fair, and invite them to come, do onsite interviews, and provide information to applicants about the company's history and application process." Prospective employers represented a wide range of industries. In 2023, participants included Walgreens, FedEx, Nike, the Chicago Public Schools, the Chicago Public Library, Allied Security, Chicago Police Department, Northwestern Memorial Hospital, Rush Medical Center, and more.

Fitzgerald and his team have steps in place to help applicants learn how to advocate for themselves in the most effective ways possible. He explains, "As employers plan to attend a Job Fair, applicants who also have signed up to attend go through a week-long Job Training Program, coordinated by the employees at the St. Sabina Employment Resource Center. The program covers everything from appearance, resume writing, work ethics, time management, and soft



Job applicants speak with prospective employers at a St. Sabina Job Fair.

skills. I provide literature to the applicants, to let them know some of the services we offer at Catholic Charities." He continues, "The one that is utilized the most would be the Clothing Room. The men and women need interview clothing for the Job Fair, and also for when they land a job. Once they come to the Food Pantry, and obtain the clothing they need, we see how we can help them and their family as a whole."

As each Job Fair begins, applicants walk from table to table, introducing themselves to Hiring Managers, asking questions about open positions, and filling out applications for jobs they are interested in. The managers then have the opportunity to talk to applicants about their skills, job history, and availability. Fitzgerald says, "After these brief interviews, some applicants have been hired on the spot, and others are called back for an interview at a later date."

As Fitzgerald explains, "The Job Fairs complement the rest of the services we offer at St. Sabina. It basically is a wholistic approach to addressing many of the needs of residents in the community. Employment is key, so residents can sustain themselves and their families."

Catholic Charities' Regional Office on the St. Sabina Campus serves 1,100 individuals per month, offering food, rental assistance, counseling, emergency financial assistance, and more, in addition to the clothing mentioned above. Requests for assistance have increased significantly in recent months as additional migrants have arrived in Chicago.

Fitzgerald's leadership plays a significant role in the success of the Job Fairs, and all campus operations. His sincere concern for every person he assists is evident in this story he humbly relayed about a family of migrants who recently came to his office for help. Fitzgerald shared, "I had one client come into the office. His name was Jose, and he had his wife and two children with him. I was able to help them get food, and clothing, and take care of some of their other needs, and help him get connected to the Employment Resource Center. Seeing the thankfulness in his eyes, he shook my hand, and it almost brought me to tears. That's what I'm in this work for: to make a difference." He adds, "Something as little as shoes and clothing make a huge difference in people's lives. It makes me feel good waking up, coming to work, and helping people in the community."

Additional Job Fairs are planned for 2024. For more information, employers and applicants can call (773) 846-3018.



A Chicago Public Schools (CPS) representative prepares to interview candidates at a St. Sabina Job Fair.

Intern Insights: Juliana Lopez



I started my first day at Catholic Charities on the coldest days of the year, with temperatures reaching negative 10 degrees. However, when I walked into 721 N LaSalle Ave, I was embraced with warmth from the people behind the mission of Catholic Charities.

Every person involved with Catholic Charities is fulfilling a purpose within the organization and themselves, and every person makes a difference. There is an abundance of love, compassion, and respect flowing through the building, both internally through employee interactions and externally through outreach programs for those in need. One cannot deny how Catholic Charities creates a safe space for every individual.

As a Communications Intern at Catholic Charities, I know there is power behind words, and I am eager to continue giving a voice to people's actions. On my first day, I saw people returning to Catholic Charities for warm meals and winter clothes, knowing that the organization will always be there for them. I have only glimpsed at the work the people here do for the homeless and migrant populations, and I can confirm that the work done is powerful and gives people hope for a better future.

Juliana Lopez is a Senior at Loyola University majoring in Advertising/Public Relations with a Minor in English. Keenager News welcomes her contributions this semester!



Another Irish Blessing, from Grace E.

May you live a long life, full of gladness and good health,
With a pocket of gold as the least of your wealth.

May the dreams you hold dearest be those that come true
The kindness you spread keep returning to you.

May the friendships you make be those that endure,
And all of your gray clouds be small ones, for sure.

And trusting in Him to whom we all pray,
May a song fill your heart every step of the way.

Chicago Desired, from John R.

Know yourself, Chicago, Do not be afraid.
Forget what the ignorant say, See yourself as you are.

Maligned as home of gangsters,
For decades unwarranted.

And your own self-image clouded,
With false negative thinking.

Chicago, bountiful, fountain of originality,
Masterpiece of architects of genius,
First wizard of the atom,
Home of Disney's childhood dreams...

Chicago, ever Phoenix, always rising,
Through fires of new challenges...
Receiving poor from the world's nations,
Giving birth to multitudes of middle class.

You, Bright City of the night,
With neighborhoods rich in variety,
Each with its own personality, As cities within the city.

You, Giant of Mid-America, Frolicking in the belly
Of the earth's greatest lakes,
Center, by nature, of U.S. transportation.

Chicago, If you were not here, You would surely be built,
For you would be so...yes, so desired!



Letter to the Editor, from Alexander K.

After reading each issue of Keenager News, I clip the two Rose's Word Search Puzzles and save them for the future. Then when I have some free time, I take out one of the puzzles and delve into it. My time allocated to solve a puzzle is 15 minutes. Many times I succeed. Nevertheless, even though I miss sometimes, I know that I gave myself a thorough mind workout. P.S. I have been reading your newspaper since my late parents subscribed to it in the '70's.

National Council on Aging Explores, “What is Bone Density?”



The National Council on Aging issued a recent bulletin to help seniors better understand bone density. Among the key takeaways are:

- Bone density refers to the amount of minerals—mostly calcium and phosphorous—that are present in a specific area of bone.
- When bone density decreases, bones become weaker and thinner and are more likely to fracture.
- A bone mineral density test is a simple, painless scan that can measure your bone density and determine your risk for osteoporotic fractures.
- Bone density is an important indicator of how likely bones are to break. It is also valuable in identifying osteopenia and osteoporosis and assessing the effectiveness of treatments that help prevent bone loss.

To learn more, read the full article here: <https://www.ncoa.org/article/what-is-bone-density-a-practical-guide-for-older-adults> and talk to your health care provider about whether you should consider a Bone Density test

Sources: [ncoa.org](https://www.ncoa.org), [pexels.com](https://www.pexels.com)



Affordable Housing for Seniors, Veterans, and Persons with Disabilities

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Chicago, IL 60619
(773) 721-0903

St. Ailbe Love Apartments
9240 S. Kimbark Avenue
Chicago, IL 60619
(773) 721-0903

Bernardin Manor
1700 Memorial Drive
Calumet City, IL 60409
(708) 832-1700

Matthew Manor
271 N. Albany Avenue
Chicago, IL 60612
(773) 533-0001

Bishop Goedert Residence
53 Tripp Avenue, Building 53
(Hines VA Campus)
Hines, IL 60141
(708) 273-6600

St. Francis Of Assisi Residence
12218 S. Will-Cook Road
Palos Park, IL 60464
(630) 343-1880

Frances Manor
1270 E. Golf Road
Des Plaines, IL 60016
(847) 390-1270

Oznam Village
251 N. Albany Avenue
Chicago, IL 60612
(773) 533-0001

Donald W. Kent Residence
100 S. Wolf Road
Northlake, IL 60164
(708) 409-4710

Lawrence Manor
21425 Southwick Drive
Matteson, IL 60443
(708) 481-1200

St. Vincent DePaul Residence
4040 N. Oakley Avenue
Chicago, IL 60618
(773) 539-2660

SHORT WAITLIST/INDEPENDENT SENIORS

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Chicago, IL 60628
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Porta Coeli Residence
2260 E. 99th Street
Chicago, IL 60617
(773) 374-2470

St. Brendan Apartments
6718 S. Racine Avenue
Chicago, IL 60636
(773) 846-8600

Tolton Manor
6345 S. Stewart Avenue
Chicago, IL 60621
(773) 783-7800

St. Sabina Elders Village
1222 W. 79th Street
Chicago, IL 60620
(773) 994-7850

St. Peter Claver Courts
14115 S. Claire Blvd.
Robbins, IL 60472
(708) 389-1570

HOMELESS VETERANS

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7750 S. Emerald Avenue
Chicago, IL 60620
(773) 651-9950

St. Ailbe Hope Apartments**
9101-9103 S. Harper Avenue
Chicago, IL 60619
(773) 721-0903

Hayes Manor*
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Chicago, IL 60636
(773) 873-7400

Roseland Manor*
11717 S. State Street
Chicago, IL 60628
(773) 995-9000

Pope John Paul II Residence**
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(773) 651-9950

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ELIGIBILITY REQUIREMENTS

- Head of Household, Co-Head or Spouse must be at least 62 (for affordable senior housing only)
- Rent & utilities will be 30% of adjusted gross income.

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\$44,150 for two persons
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2 persons per unit

* These properties accepting senior (62 years or older) applicants AND applicants 18 years or older with a verifiable disability and a need for the features of an accessible unit.

** These properties ONLY accept applicants 18 years or older with a verifiable physical disability and a need for the features of an accessible unit.

*** This property has single room occupancy units with a preference for homeless Veterans 18 years or older.



For more information regarding housing call (312) 655-7440

TTY for all properties listed (312) 948-6992

www.catholiccharities.net/housing



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from The Recipe Box

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Hot Cross Buns

INGREDIENTS

½ c. scalded milk	½ c. raisins
¼ c. shortening	½ tsp. cinnamon
1 T. sugar	3 c. sifted flour
2 tsp. salt	Icing – Mix in bowl until smooth
½ c. water	4 T. milk
1 pkg yeast, compressed or dry	1 c. sifted confectioner's sugar
1 egg	¼ tsp. vanilla extract

PREPARATION

Combine first four ingredients. Cool to lukewarm by adding water. Add yeast, and mix well. Blend in egg. Add raisins and cinnamon. Add sifted flour and mix until dough is well-blended and soft. Place in greased bowl and cover. Let rise until double in bulk. Shape into buns and place on greased baking sheet. Slash deep cross in top of each bun with sharp knife that has been lightly greased.

Let rise again in warm place, about 45 minutes. Bake in hot oven (400 degrees) about 15 minutes. Fill in cross on each with icing.

Easter Casserole – Serves 4-6

INGREDIENTS

3 c. frozen, shredded hash brown potatoes	4 beaten eggs
¾ c. shredded Monterey Jack cheese (3 oz.)	12 oz. can evaporated milk (1 and ½ cup)
1 c. diced, fully cooked ham or Canadian bacon	¼ t. pepper
¼ c. sliced green onion	1/8 t. salt

PREPARATION

Grease 2-quart square baking dish. Arrange potatoes evenly in bottom of dish. Sprinkle with cheese, ham, and green onion.

In a bowl, mix eggs, milk, pepper, and salt. Pour this mixture over potato mixture. (The dish may now be covered and refrigerated for several hours or overnight.)

Bake, uncovered, in a 350-degree oven for 40-45 minutes or until center appears set. Let stand 5 minutes before serving.

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Rose's WORD SEARCH

Answers are found forward, backward, up, down, and diagonal

K	B	U	W	B	D	Z	D	R	Z	P	C	O	E	M	K	Z	K	E	L
P	Y	Y	S	E	V	R	H	O	U	R	S	G	V	S	Q	Q	T	S	E
K	R	L	C	R	E	V	T	O	A	R	A	H	W	H	R	R	R	T	P
F	M	A	E	H	O	Q	W	I	I	B	M	U	X	I	F	Z	F	S	R
C	P	I	P	M	G	G	C	Y	B	Z	O	L	B	S	V	P	Y	A	E
S	O	E	E	N	O	E	D	A	R	A	P	K	C	L	O	V	E	R	C
Z	H	R	L	A	O	R	C	L	E	Y	C	C	Y	Z	S	W	D	U	H
S	F	U	N	D	S	J	E	T	O	R	W	O	J	O	Z	I	B	H	A
I	C	P	I	E	I	E	D	V	L	G	Q	R	L	M	M	K	E	X	U
K	V	O	K	U	D	N	O	S	M	A	T	M	X	H	A	T	E	V	N
G	N	I	C	N	A	D	Y	T	H	X	I	A	T	R	F	H	F	P	I
A	Z	J	A	L	I	R	E	O	A	I	X	H	B	K	J	Y	A	A	S
T	P	A	E	D	D	M	N	Q	I	T	L	S	W	R	I	T	Q	V	W
L	G	R	I	X	W	F	R	P	I	N	O	L	S	G	R	U	A	U	Y
W	I	G	P	N	K	R	A	I	P	E	Y	P	E	I	P	R	H	J	V
C	K	U	G	G	V	I	L	K	G	E	Y	I	C	L	X	M	W	U	G
M	O	D	V	U	K	W	B	Y	Q	R	K	K	B	G	A	M	S	B	N
V	B	A	D	K	F	K	L	L	Y	G	E	Y	V	O	S	G	T	K	S
V	V	H	K	O	M	J	F	Y	Z	K	H	H	Q	M	R	S	H	B	I
K	I	L	T	O	O	L	U	H	R	G	Z	H	I	Z	L	T	E	R	I

St. Patrick's Day

- BLARNEY
- CABBAGE
- CLOVER
- CORNED (BEEF)
- CRAIC
- DANCING
- GOLD
- GREEN
- IRELAND
- KILT
- KYLEMORE
- LEPRECHAUN
- LUCK
- PARADE
- POTATOES
- SHAMROCK
- SHEPHERD'S (PIE)
- SHILLELAGH
- ST. PATRICK
- TAM

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 B W L A D C R O K Q J M W E M D K S C A
 D W H G S N Y O C J F U P L W Q S R H Z
 K Y Q A L Q N X S G B E R U F E U Q P V
 R V L C E X H K T S N O W B H C K E I T
 E R Y R G X X P X T B Y U S I B D P M J
 M U Y O N A W R K H R L A F M Z L R E K
 O V Y W A P A S S I O N I I I C Q A I L
 C O X N Q D X M H U V X T V D B N Y Q X
 G T S B D G X E D A I U L E L L A E Q S
 G C O N F E S S I O N G A H Y Q N R M G
 E N K U N P H L N Q W Q Z R T I N L T N
 C C I N U R W M I U L Y O T L N A K A I
 N I I V T S V P F J X T W M Y P S F S G
 V X E F I S N C Z D C J T G F P O F Y R
 P Y D J I G A D N I P Y O S P V H Y O U
 M T W I O R S F V U E E V J D O C W V O
 T H Q P F D C M T S I R A H C U E B L C
 Y Z J C E Z U A L O U H J C L C R D R S
 P Q O K F I G T S A C F Q C E A G C U I

Lent and Easter

- ALLELUIA
- ALMSGIVING
- ANGELS
- ASHES
- CONFESSION
- CROSS
- CROWN
- CRUCIFIXION
- EUCHARIST
- FAST
- HOSANNA
- PALMS
- PASSION
- PEACE
- PRAYER
- REPENT
- RESURRECTION
- SACRIFICE
- SCOURGING
- VICTORY

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Humor & Nostalgia

Chicago-Born John Mulaney



John Mulaney is an Emmy-award winning writer, actor, and comedian. He is one of the most popular comedians in show business today. Born and raised in Chicago, Mulaney started as a writer for Saturday Night Live and launched his career as a stand-up comedian from there. In 2017, he was invited to join Steve Martin, Martin Short, Bill Murray, Jimmy Kimmel, and Norm MacDonald in honoring David Letterman at an event in which

Letterman was accepting The Mark Twain Prize for American Humor at The Kennedy Center. In accepting the award, Letterman said, "John Mulaney – this is the future of comedy, ladies and gentlemen." Many of John Mulaney's comedy routines can be found on Netflix and other streaming services. Enjoy just a few of his jokes, below:

"Some of the things I was anxious about as a kid don't bother me at all anymore. Like I always thought quicksand was going to be a much bigger problem than it turned out to be."

"I'm one of the worst drivers I've ever seen. People expect to see a 100-year-old blind dog who's texting while driving and drinking a smoothie. Instead, they just see a 28-year-old man trying his best."

"You don't always get to see the things you pay to see. Ever been to the zoo? Every time I go to the zoo, I'm like, 'Hey, where's the jaguar?' and the zoo guy is like, 'Uhh, he must be in the inside part.' The inside part? Tell him we're here."

"Every episode of HGTV is like, 'Craig and Stacia are looking for a two-story A-frame that's near the beach, which is nowhere near Craig's job. With three children and nine on the way, and a max budget of \$7, let's see what Lori Jo can do on this week's episode of 'You Don't Deserve a Beach House.'"

"College was like a four-year game show called, "Do My Friends Hate Me or Do I Just Need to Go to Sleep?" "

"Girl Scout cookies are delicious! They come in Thin Mint and Samoa and also other flavors. How come I have to know a child in a beret to order them? Just sell me the cookies. I have American money. Just put them in a store and I'll buy them."

"My vibe is like, hey you could probably pour soup in my lap and I'll apologize to you."

Sources: buzzfeed.com; yourtango.com; Wikipedia.com; commons.wikipedia.org

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Birthdays and Anniversaries

To protect the personal information of our readers, we list the first names and last initials of all who have submitted birthdays and anniversaries to us. Thank you for your understanding.

Birthdays

HAPPY HUNDREDS

Aurelia K. 100 on 3/29

EXTRAORDINARY EIGHTIES

Dolores G. 80 on 3/4

Anniversaries

Bill and Nancy L. 65 on 4/18

Birthdays

BELATED BIRTHDAYS

Annette L. 80 on 1/15

Tony H. 101 on 1/18

James K. 103 on 1/24

Sophie H. 100 on 1/31

Anniversaries

BELATED ANNIVERSARIES

Richard and Carol P. 61 on 1/26